



Etappe 1

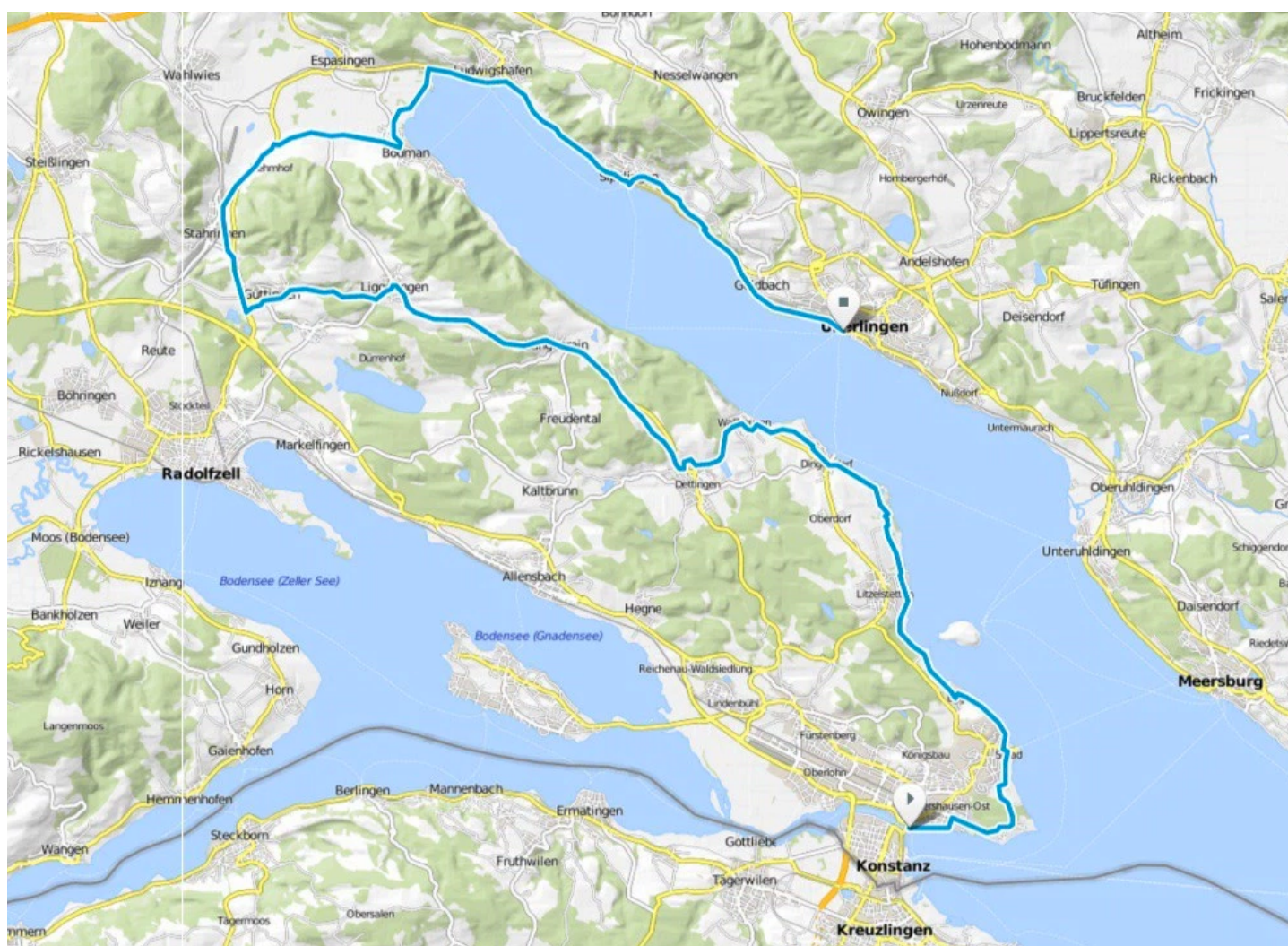
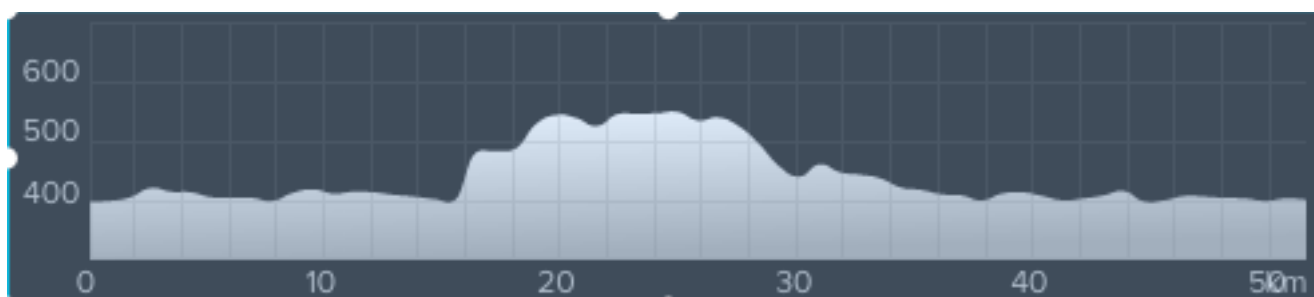
Start: Konstanz Bahnhof bzw. Alte Rheinbrücke

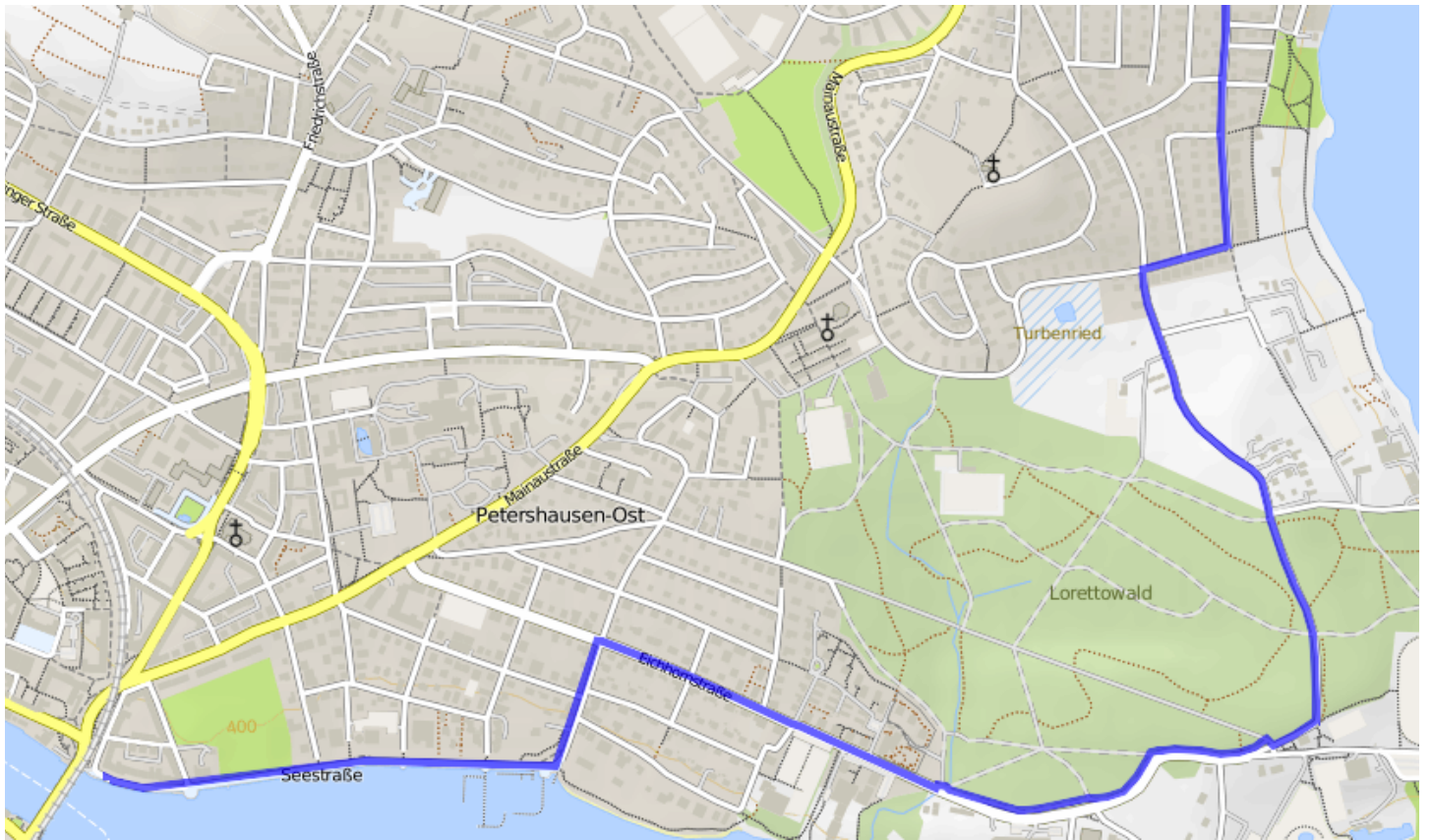
Ziel: Überlingen, Landungsplatz

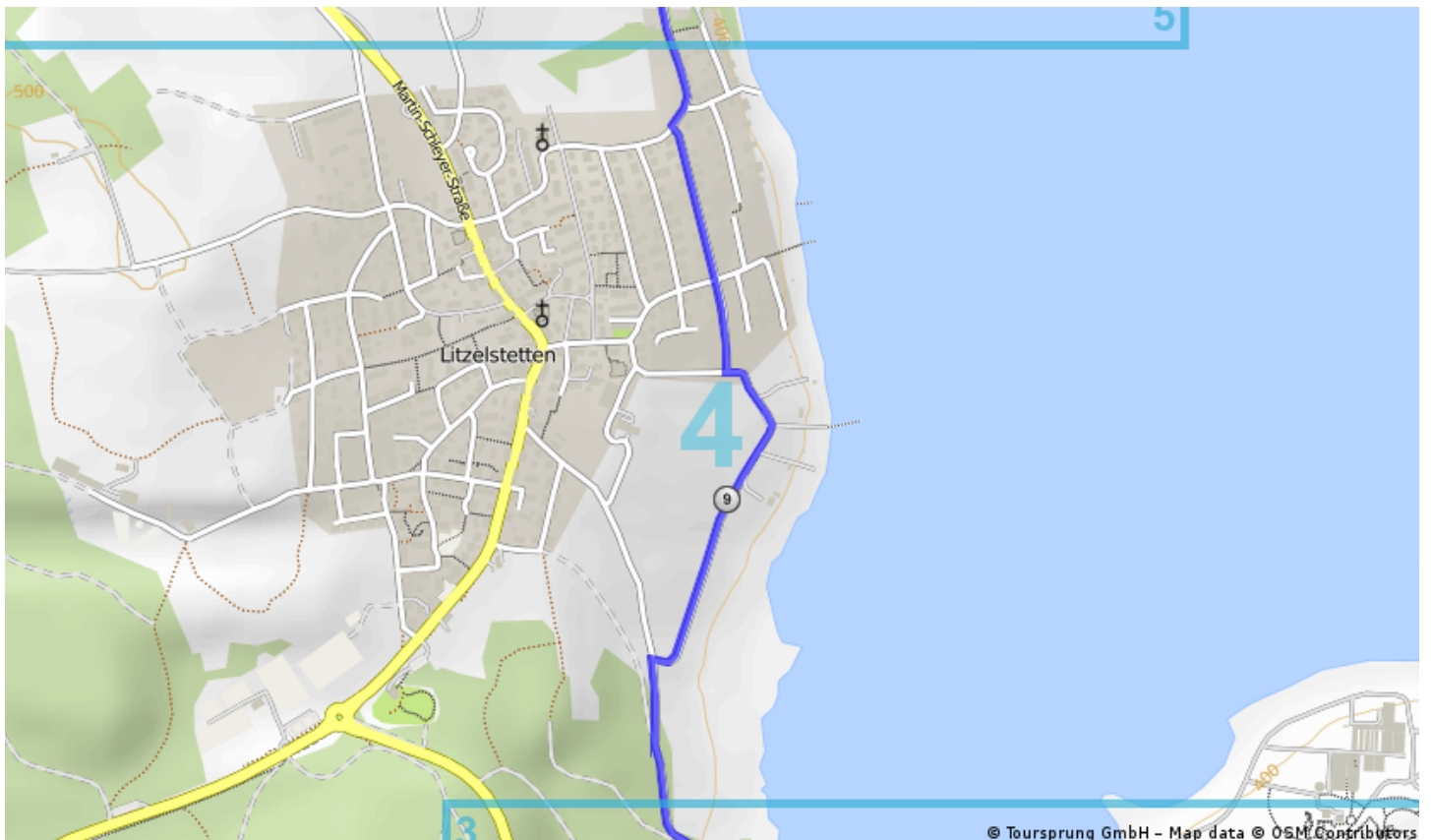
Anforderungen: ca 51 km, ca 300 Höhenmeter

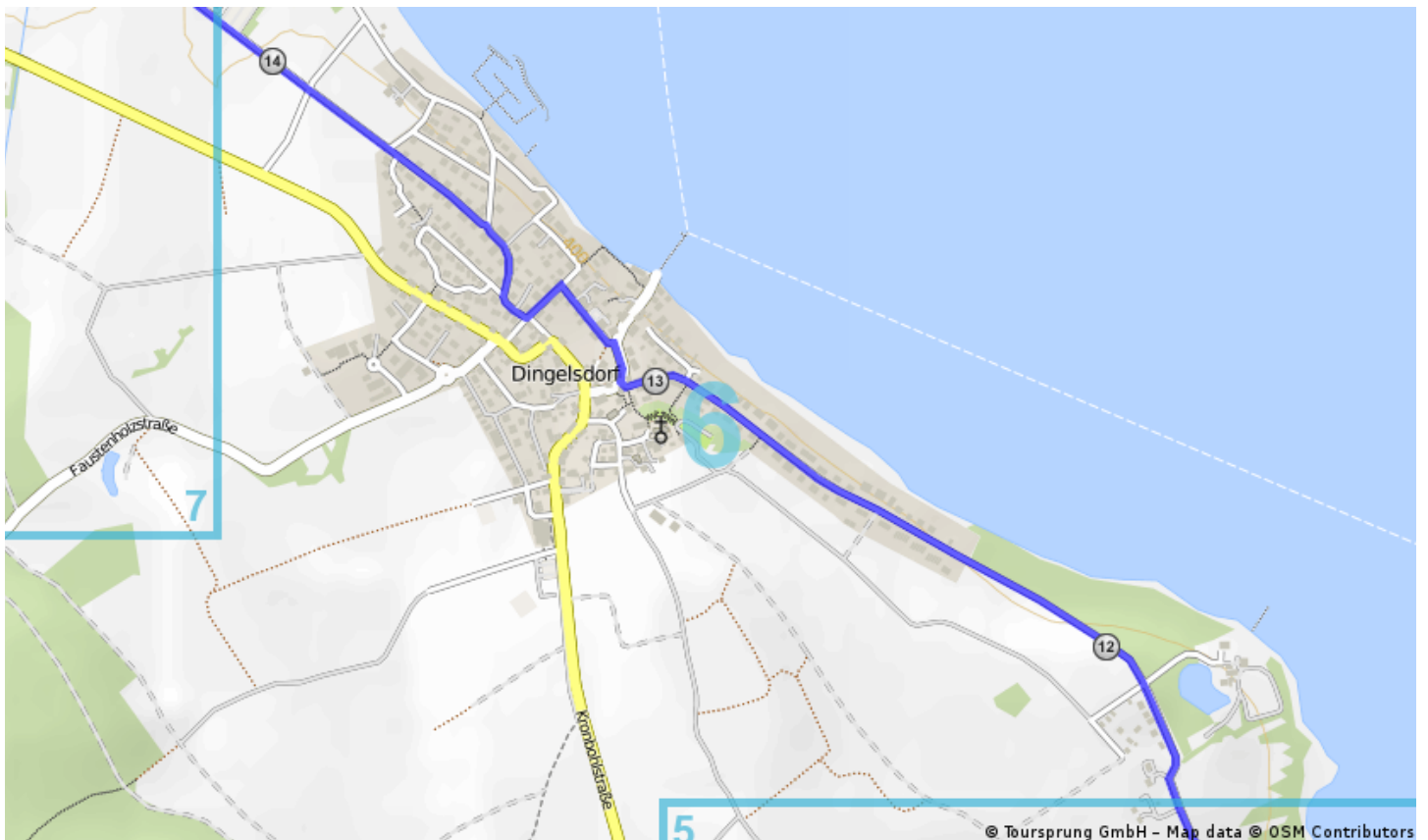
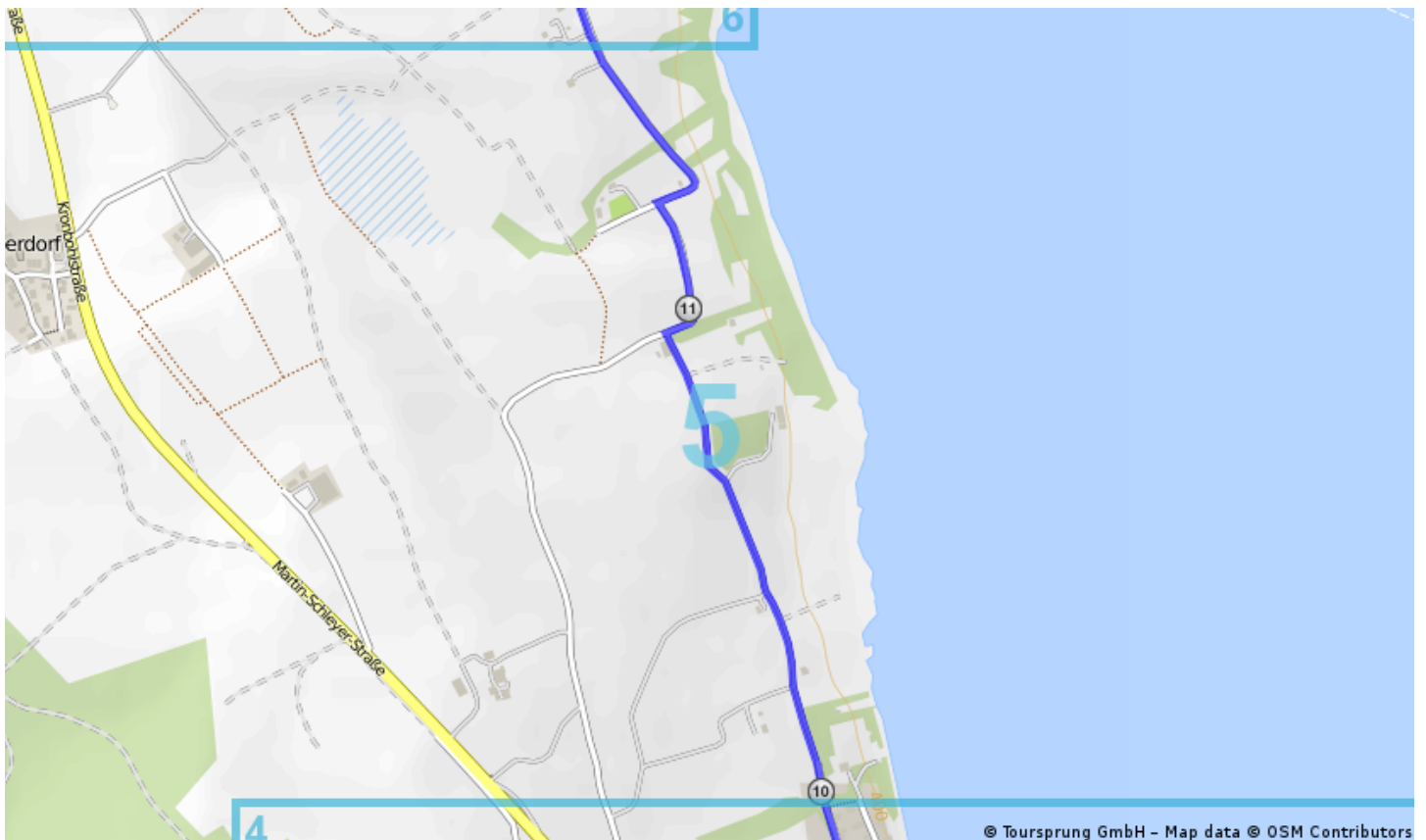
Verlauf: Konstanz – Insel Mainau – Dingelsdorf – Langenrain – Bodman-Ludwigshafen – Sipplingen – Überlingen

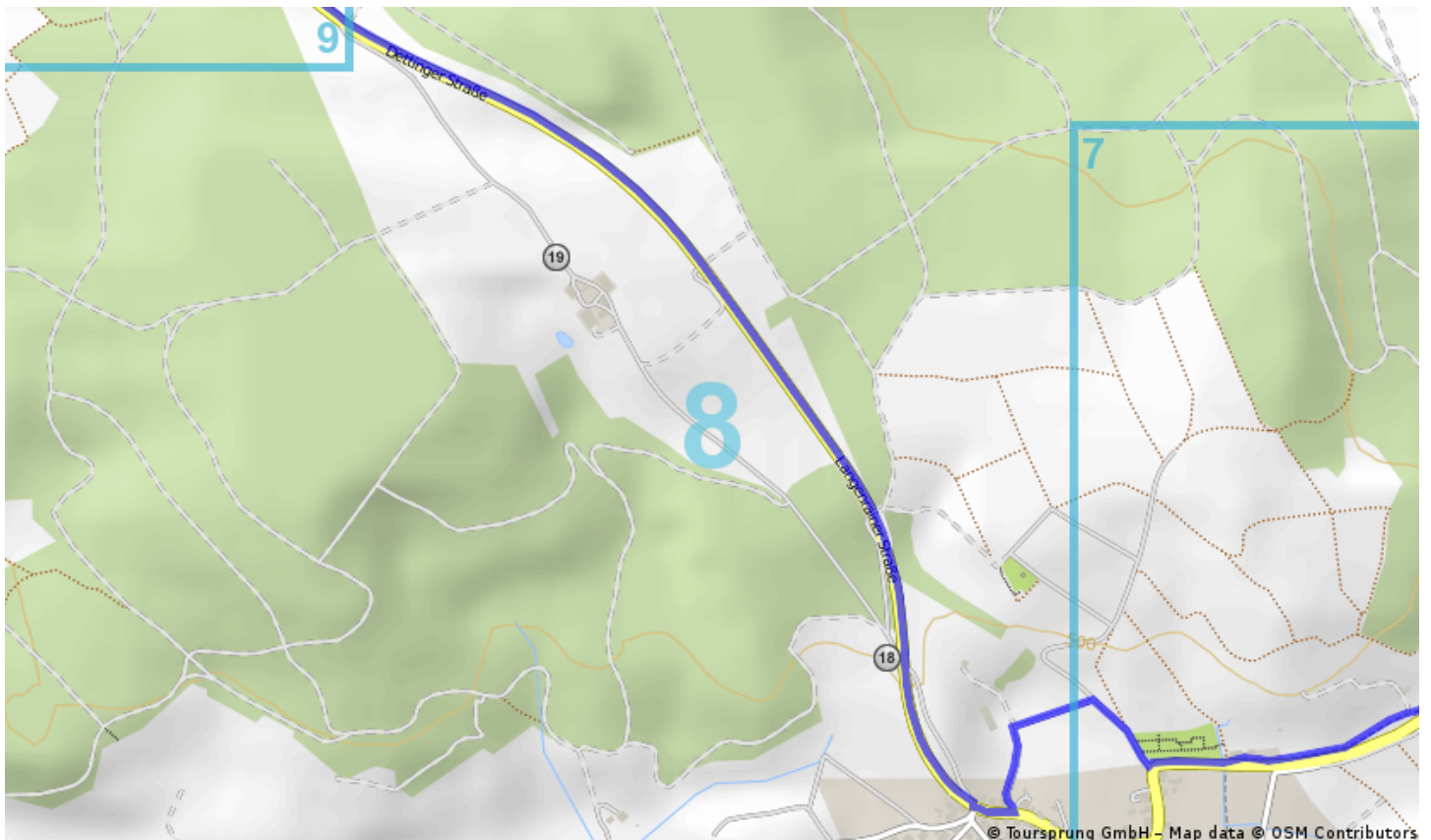
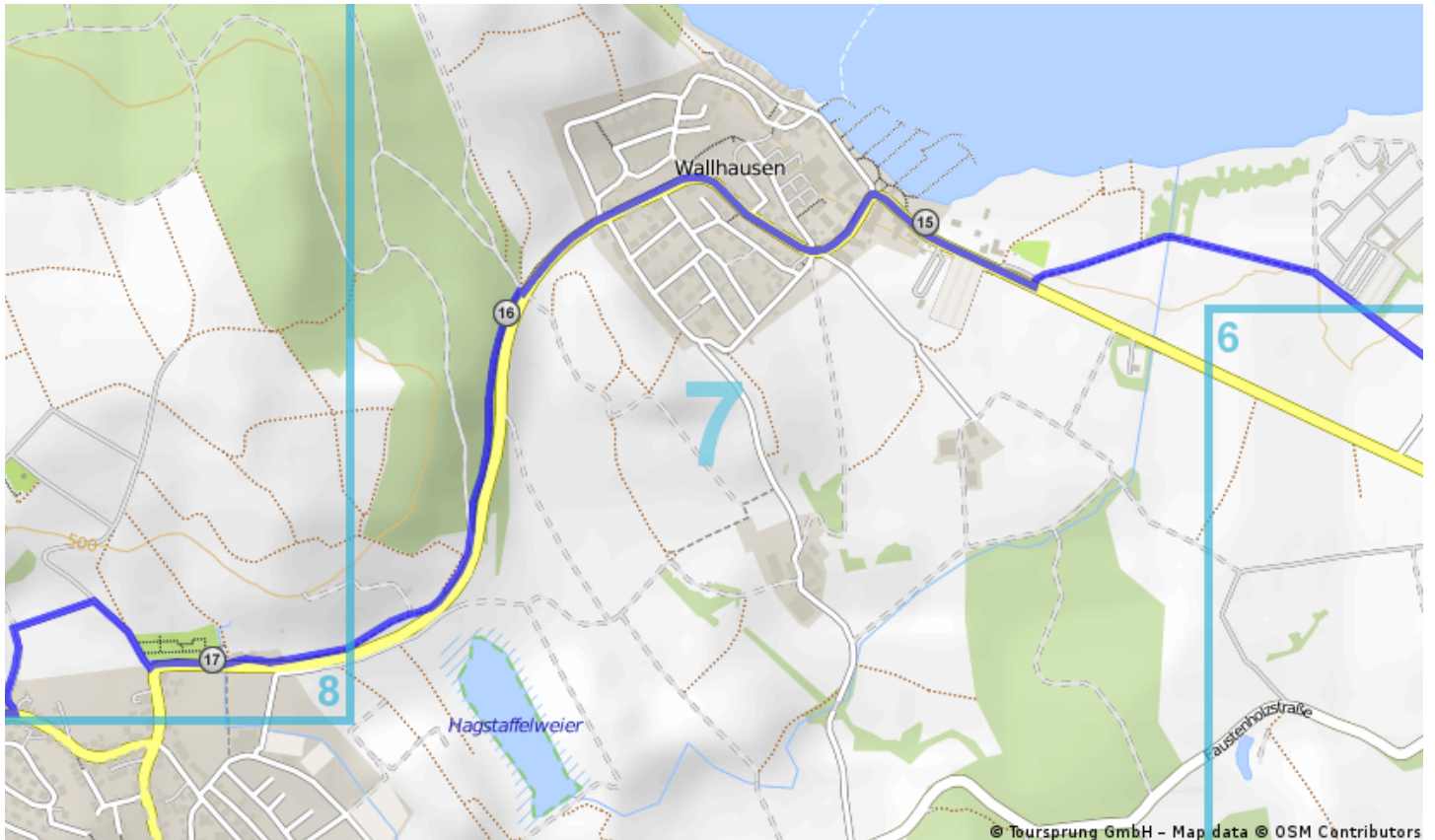
Höhendiagramm:





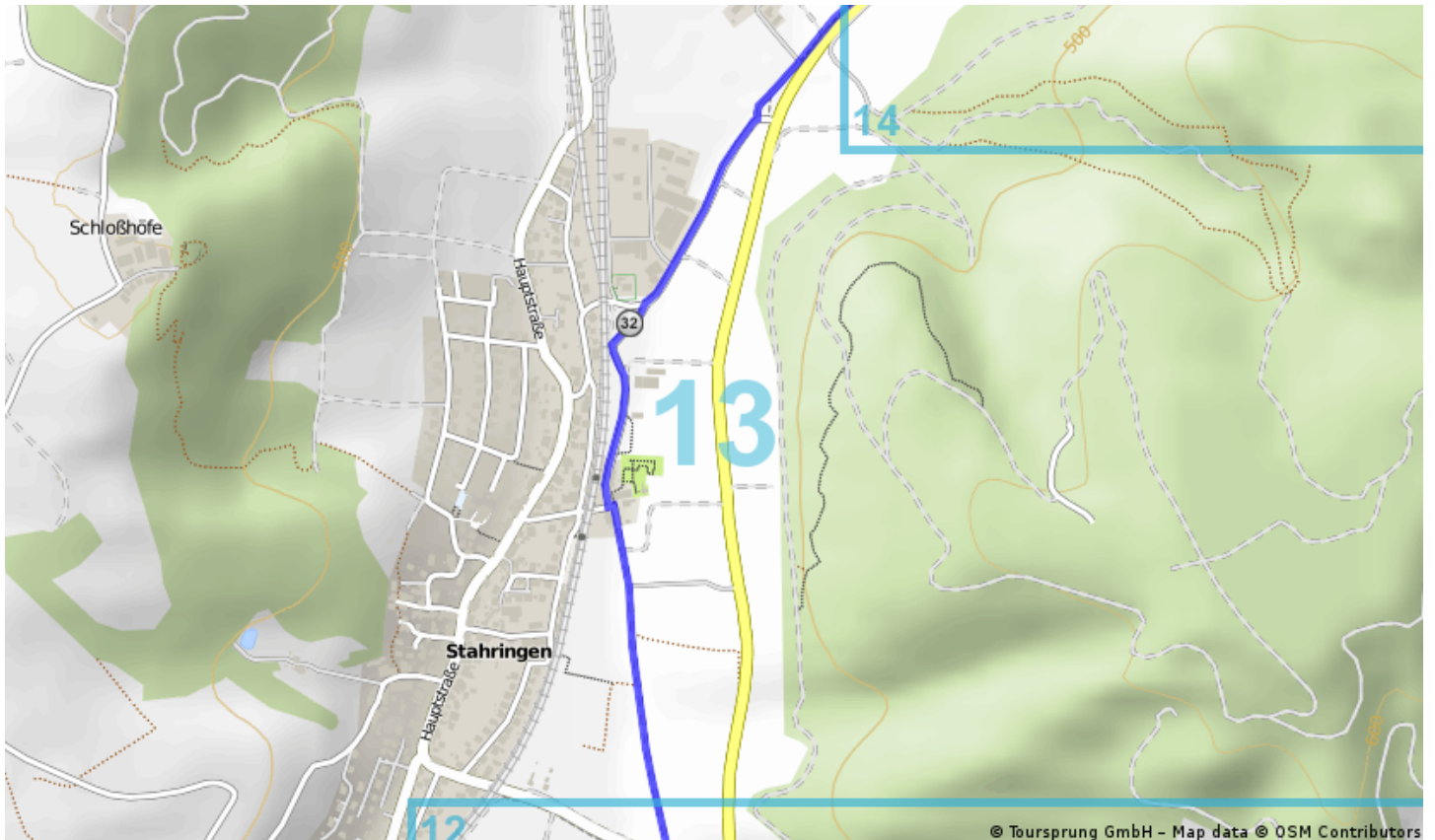


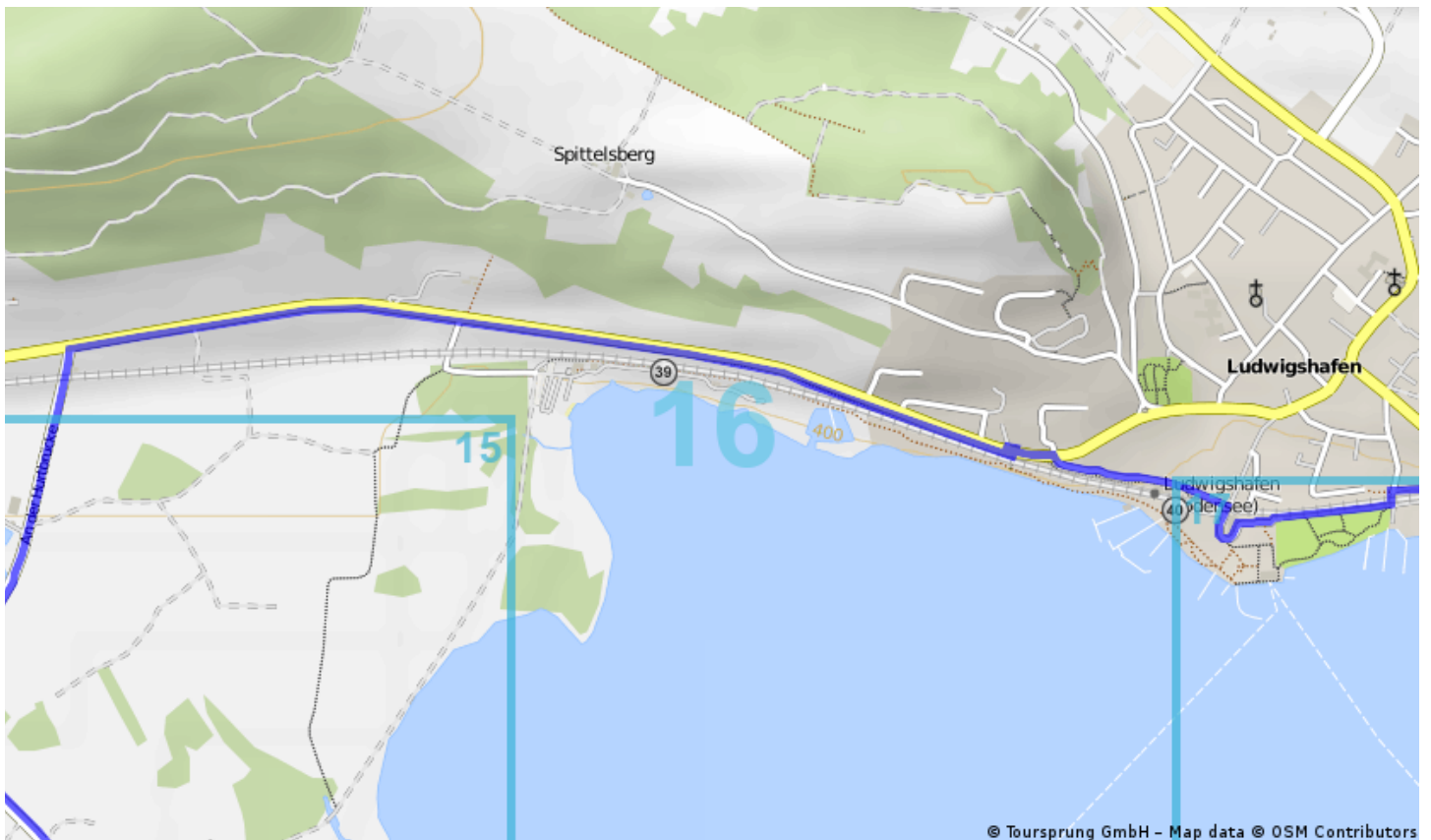
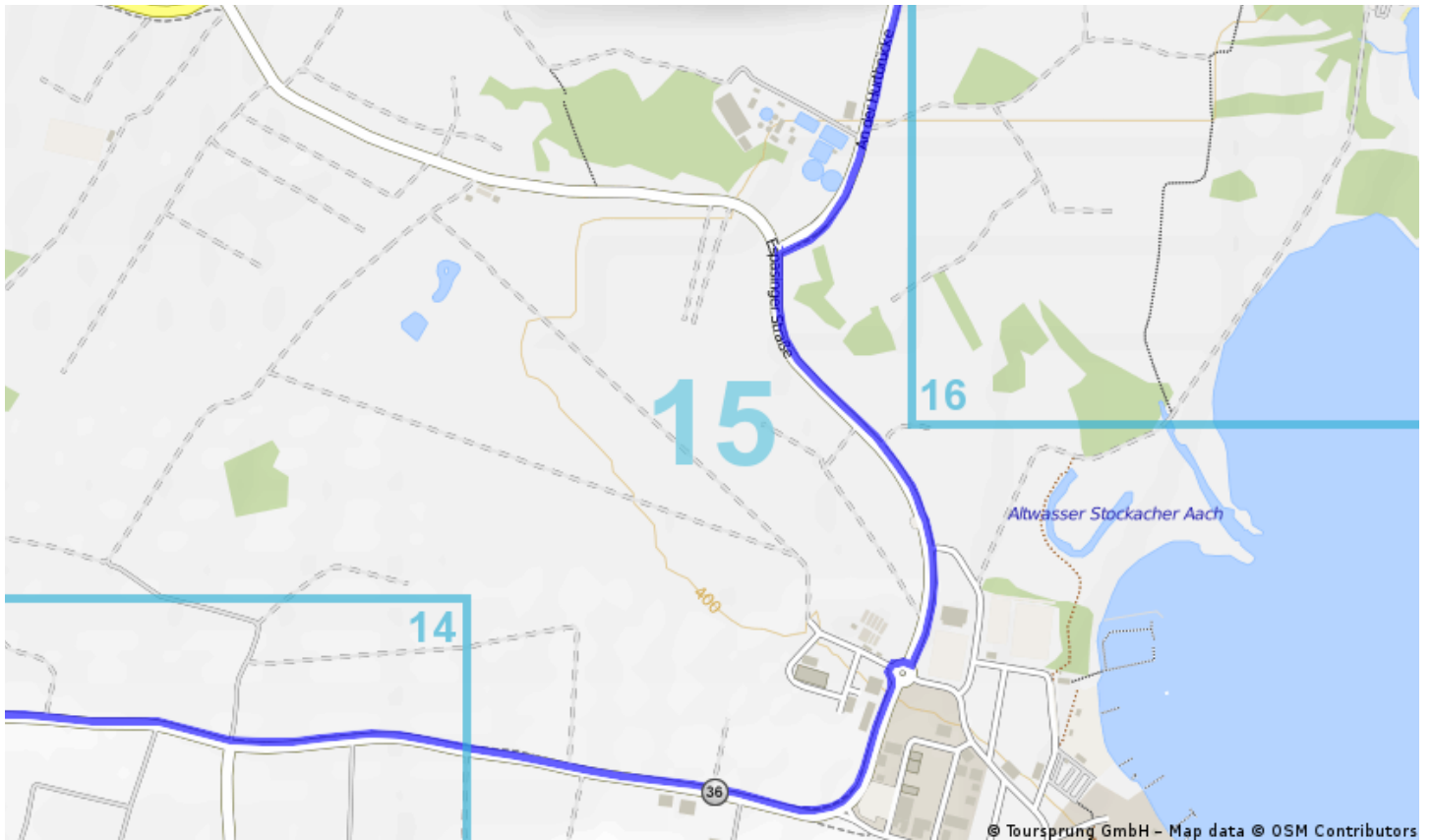


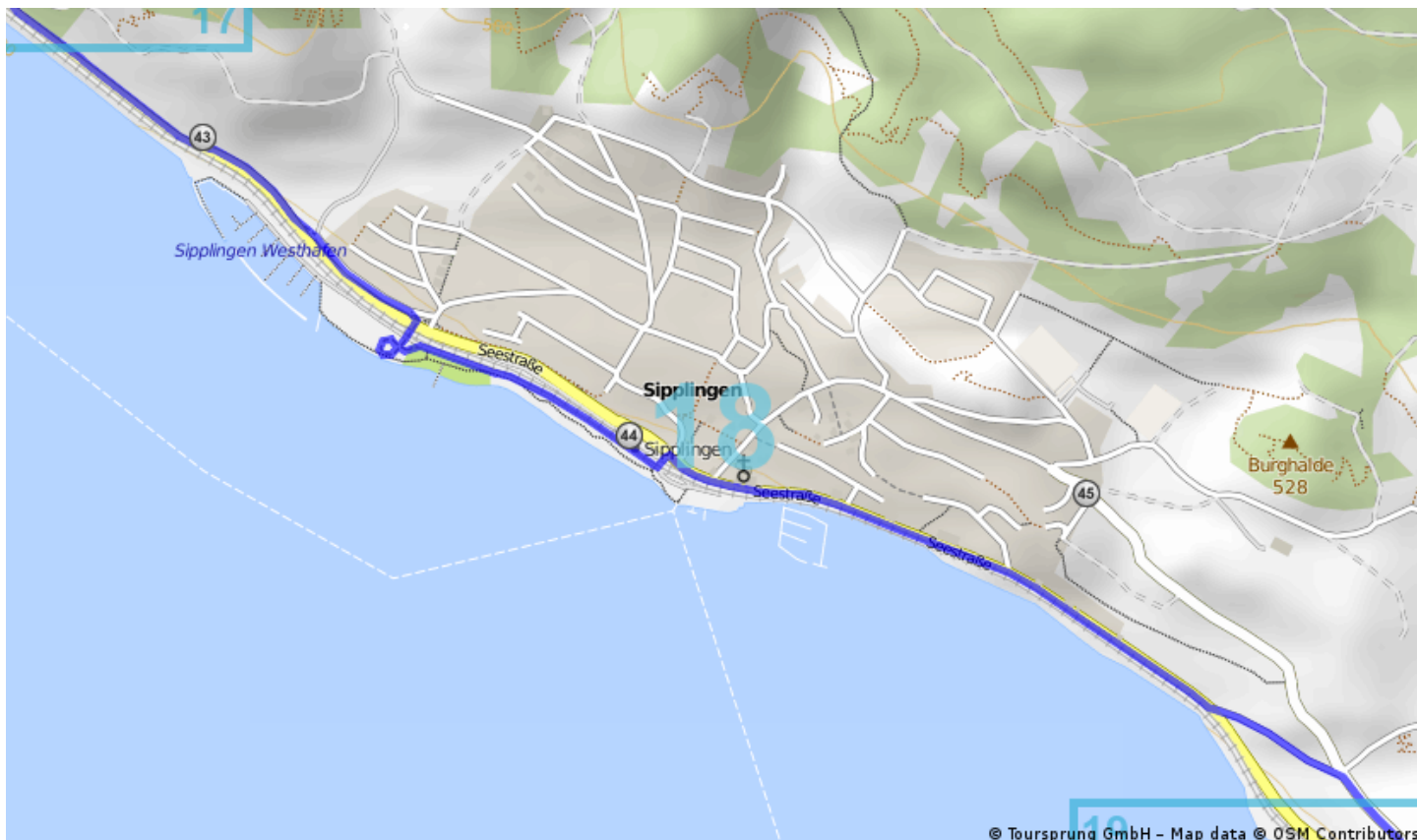
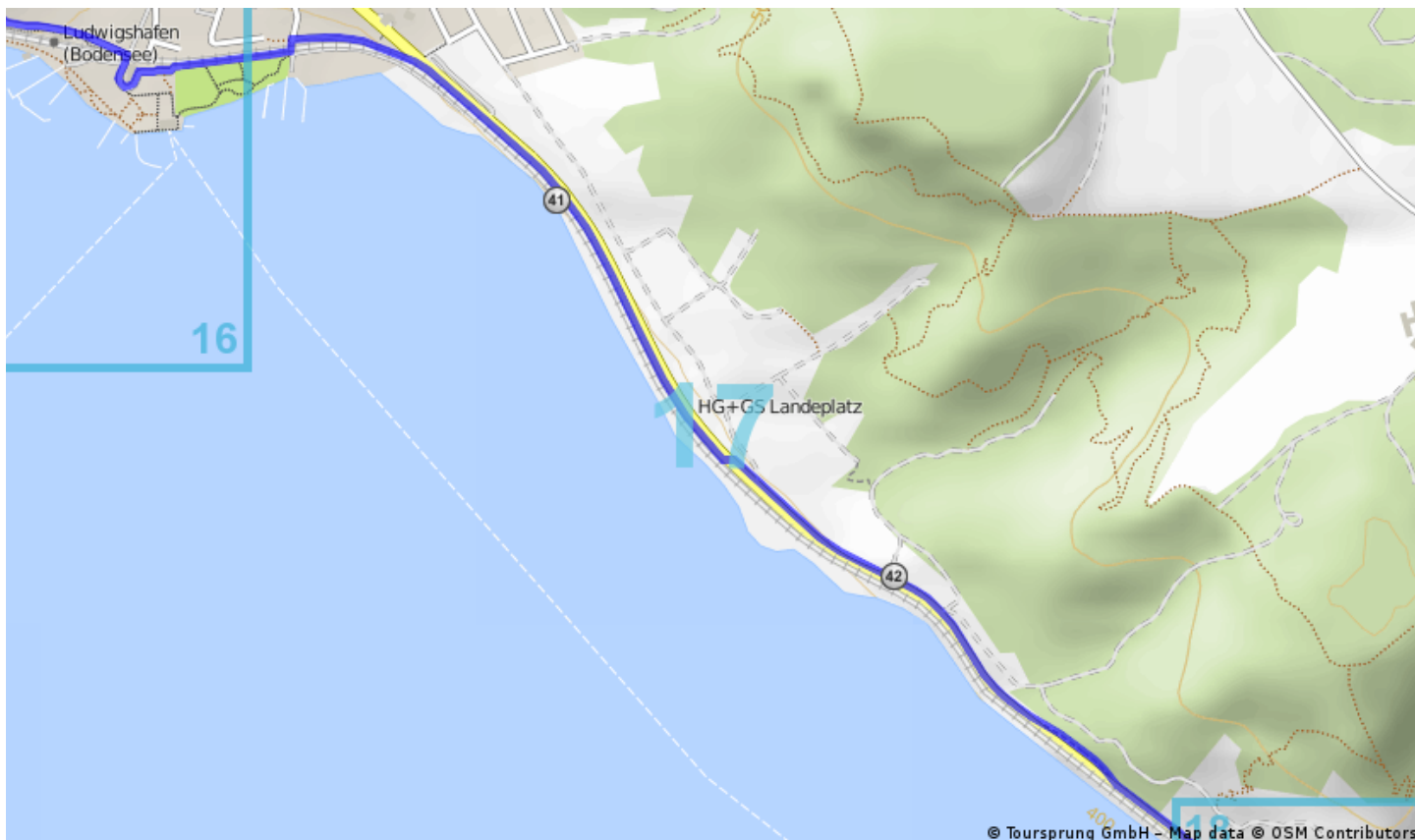


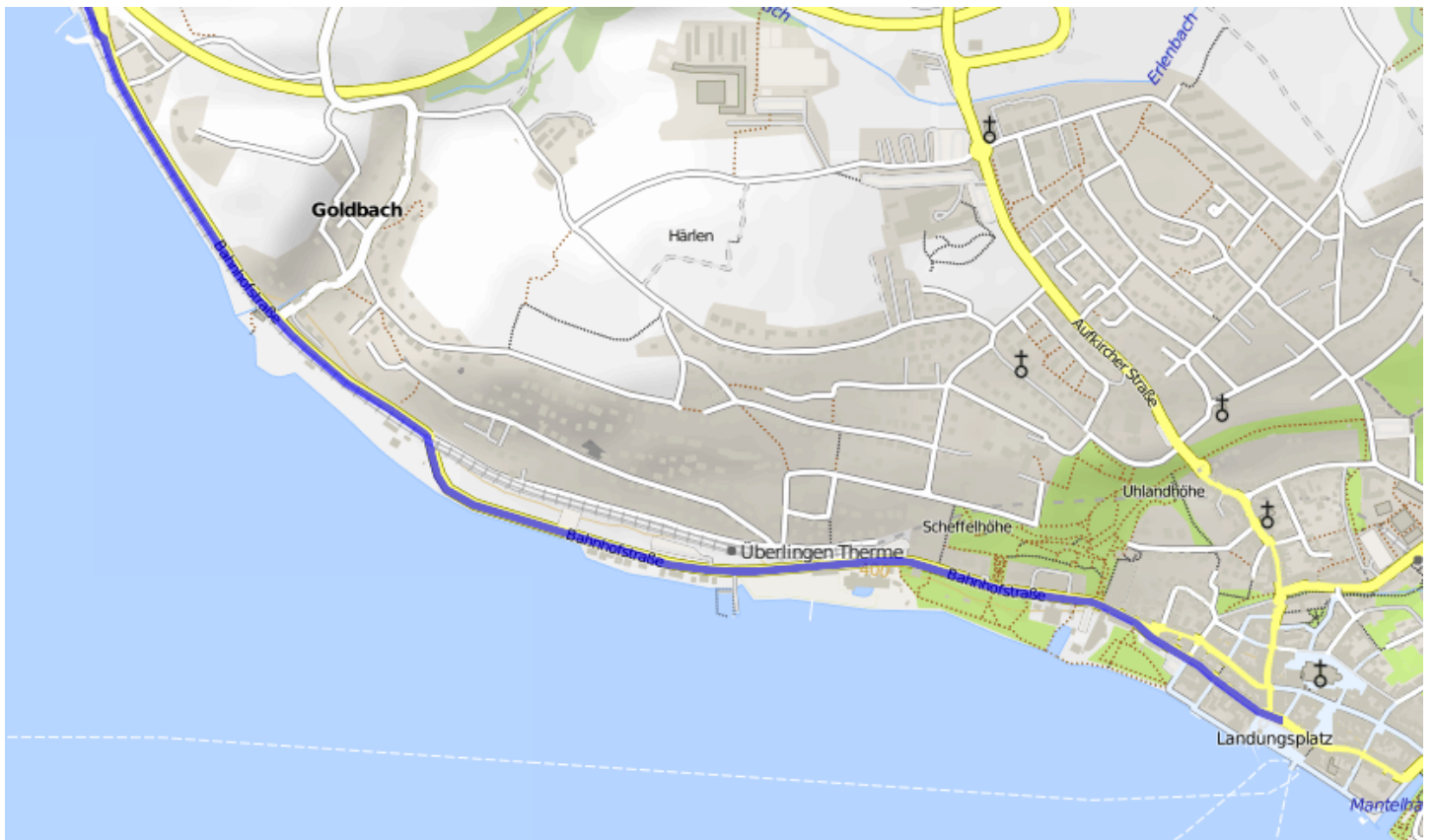
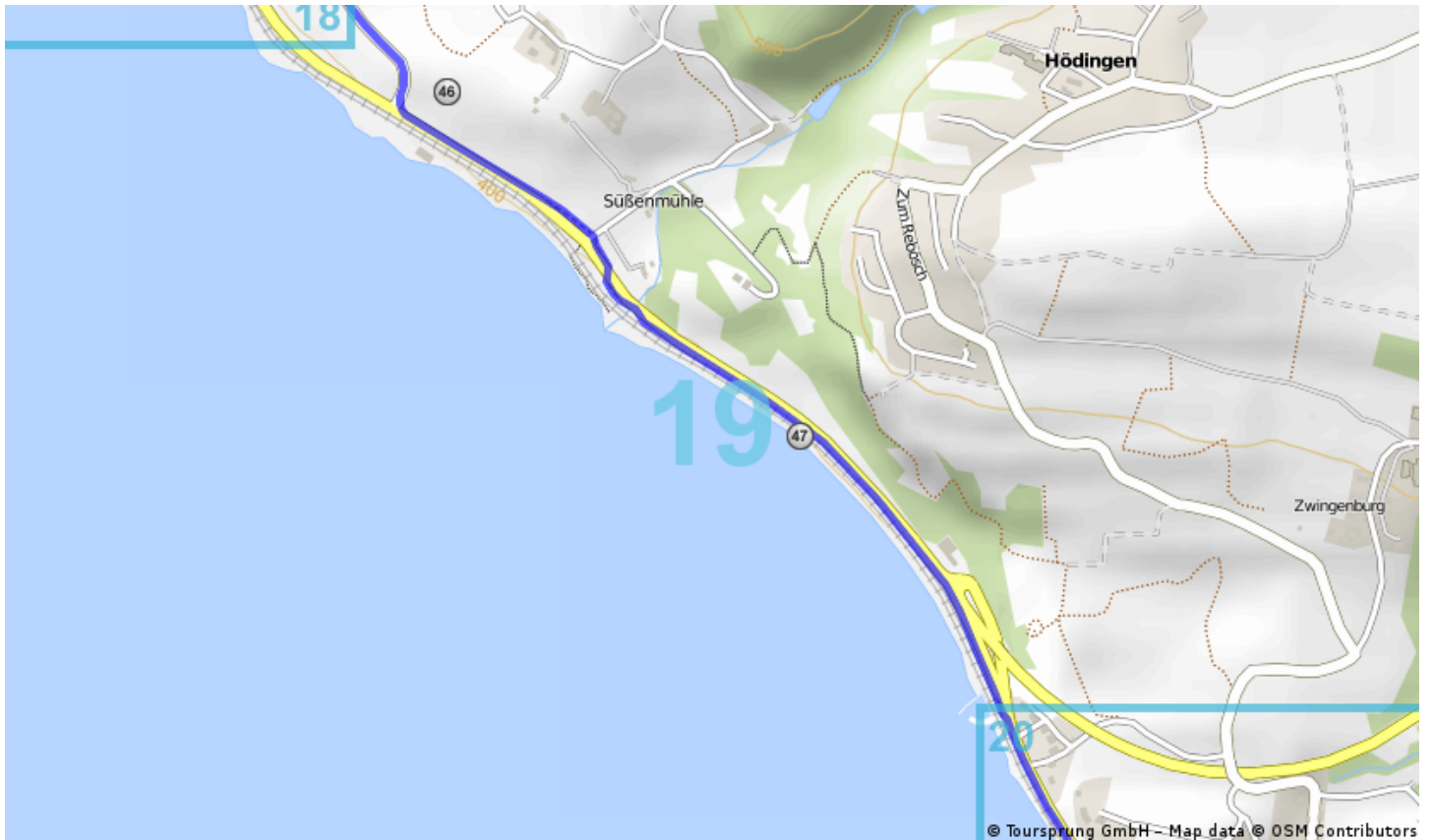














Etappe 2

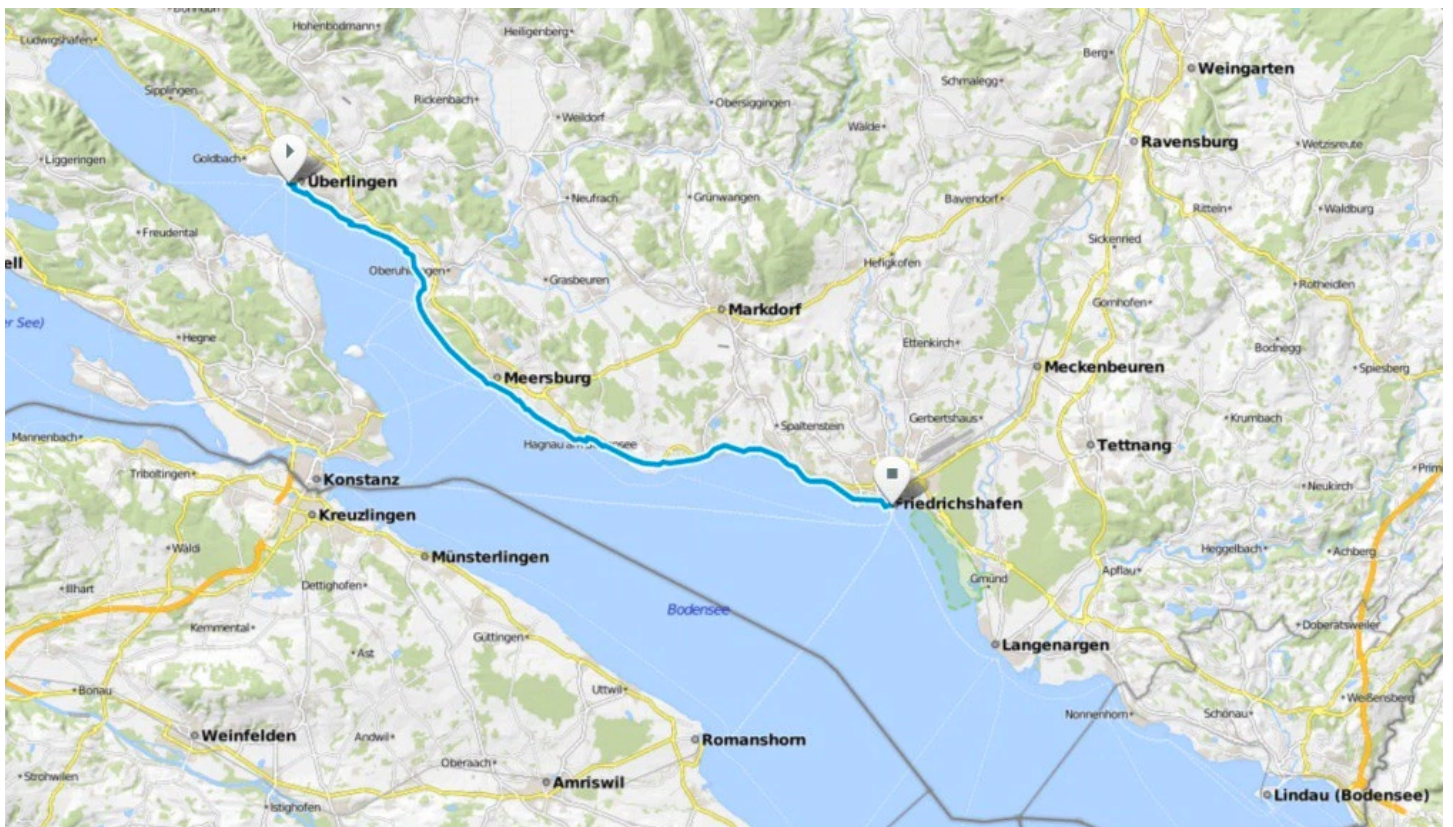
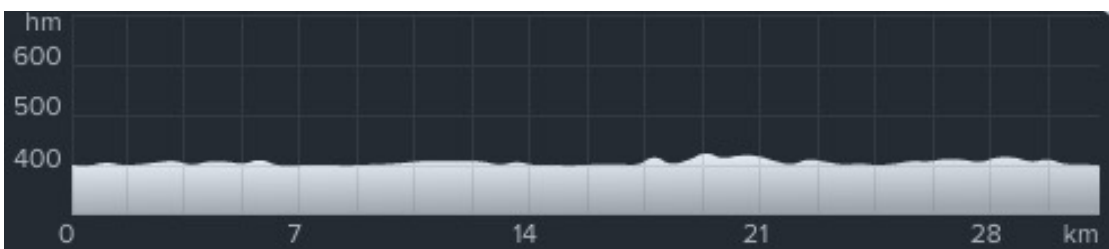
Start: Überlingen, Landungsplatz

Ziel: Friedrichshafen, Hafen

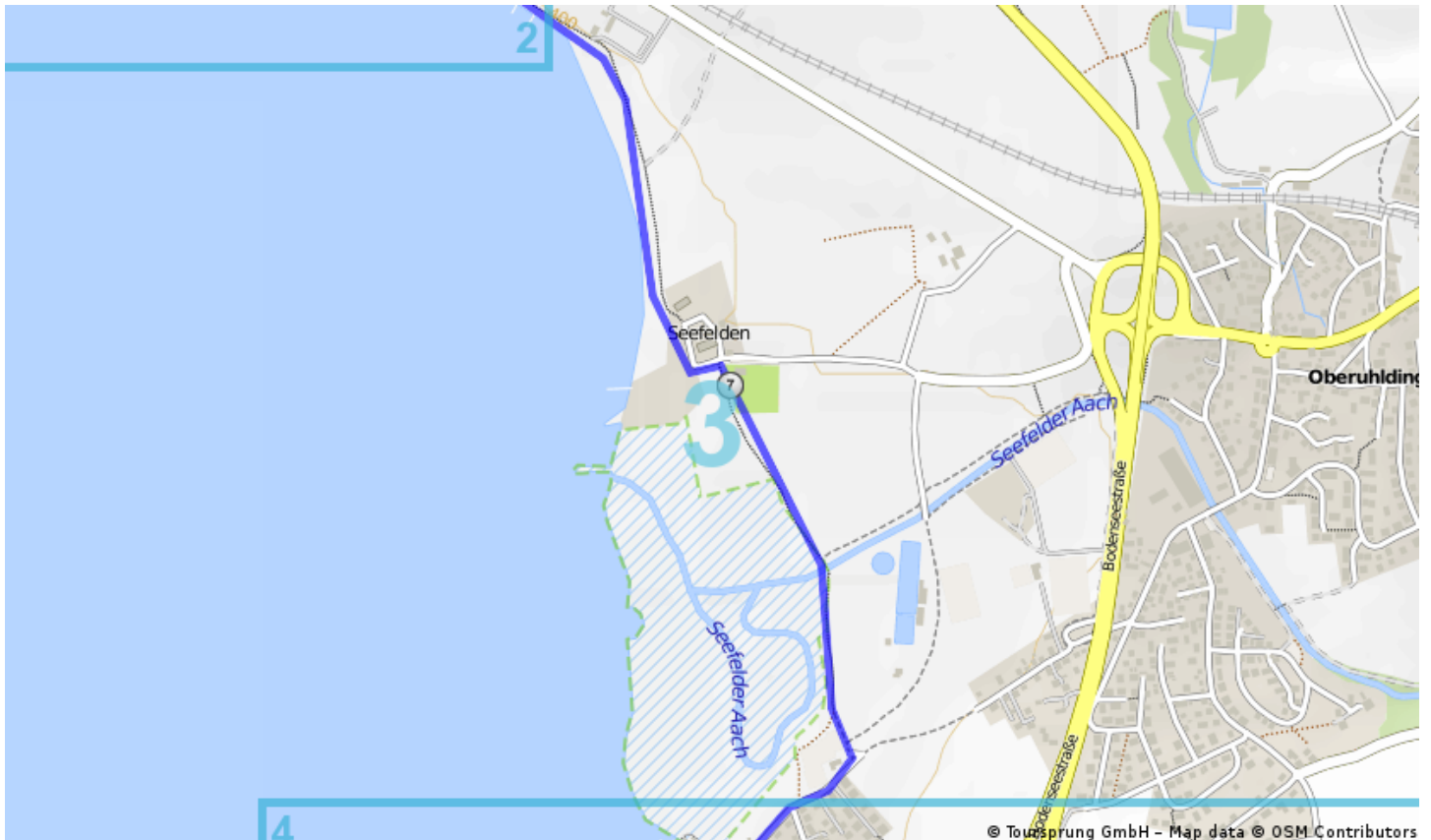
Anforderung: ca. 29,5 km, ca. 100 Höhenmeter

Verlauf: Überlingen – Nussdorf – Uhldingen-Mühlhofen – Meersburg – Immenstaad – Friedrichshafen

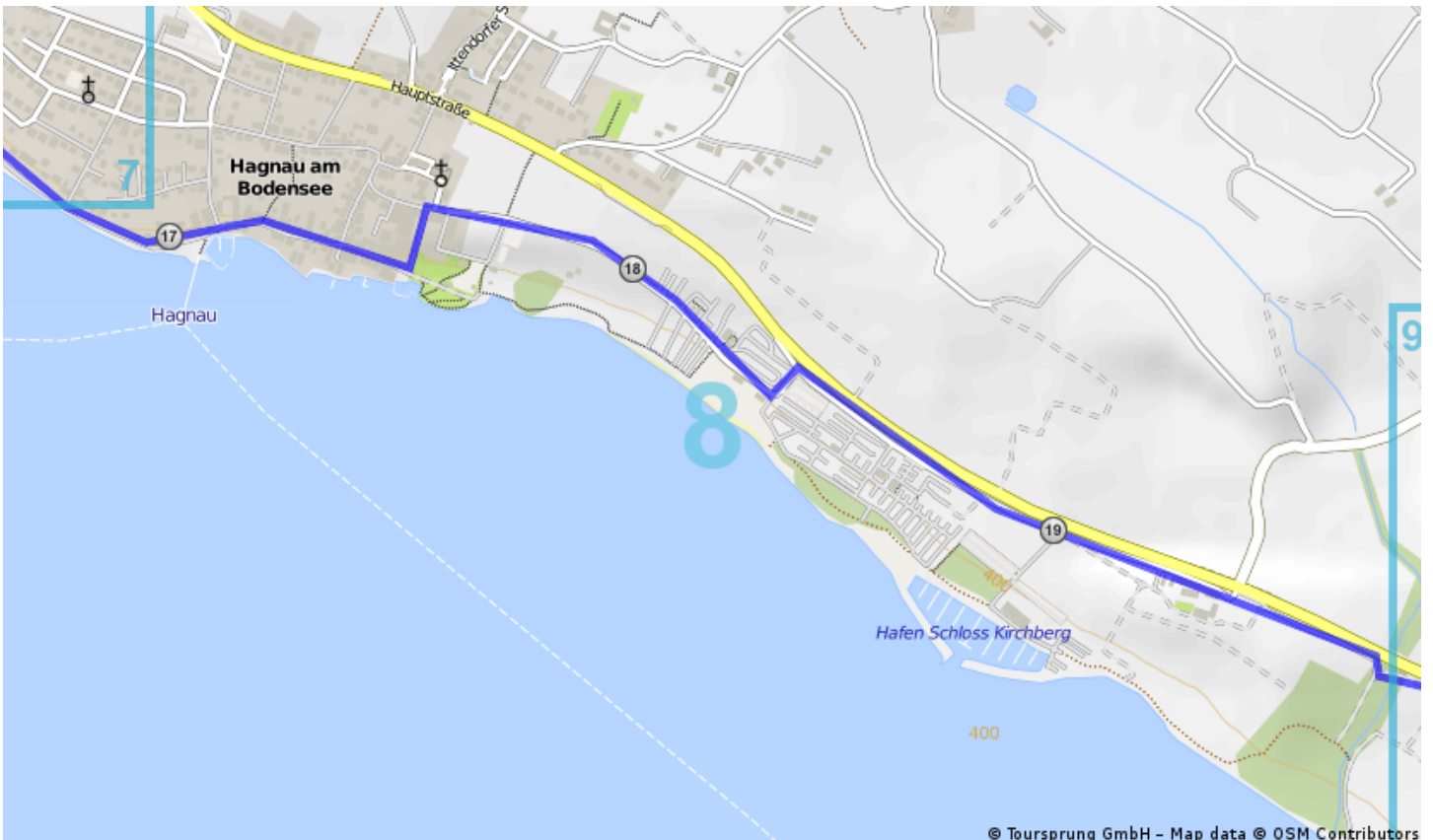
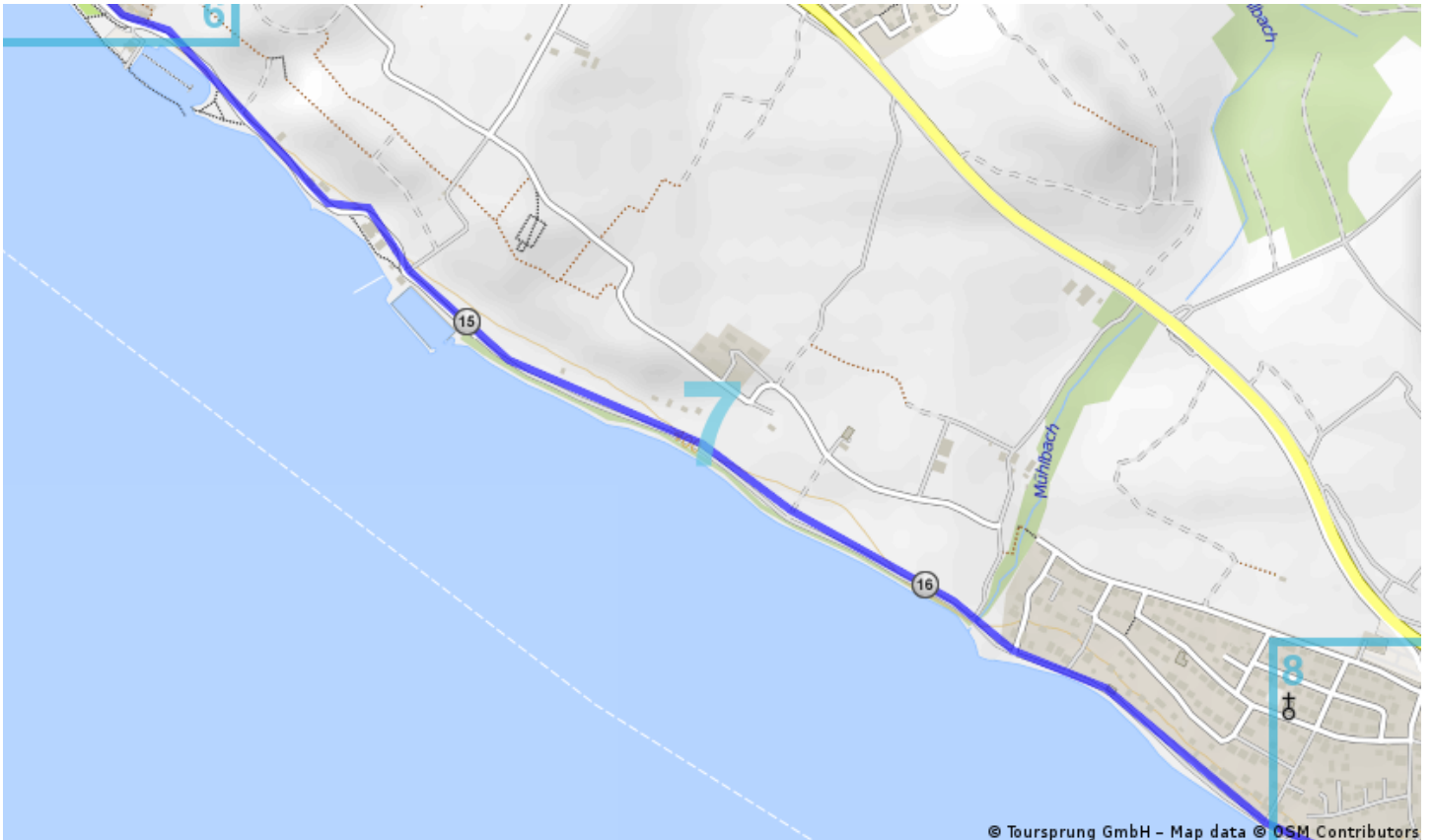
Höhendiagramm:





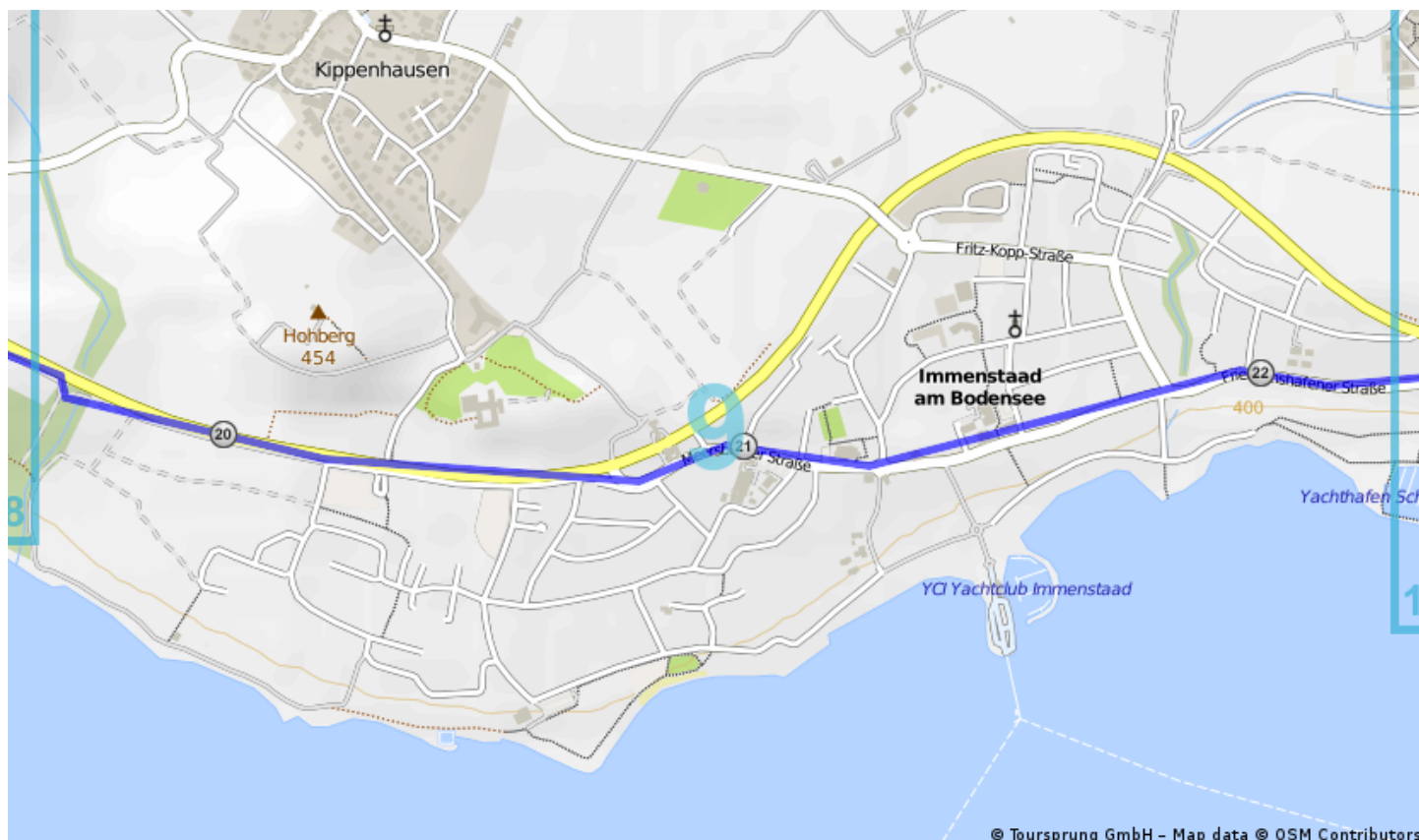


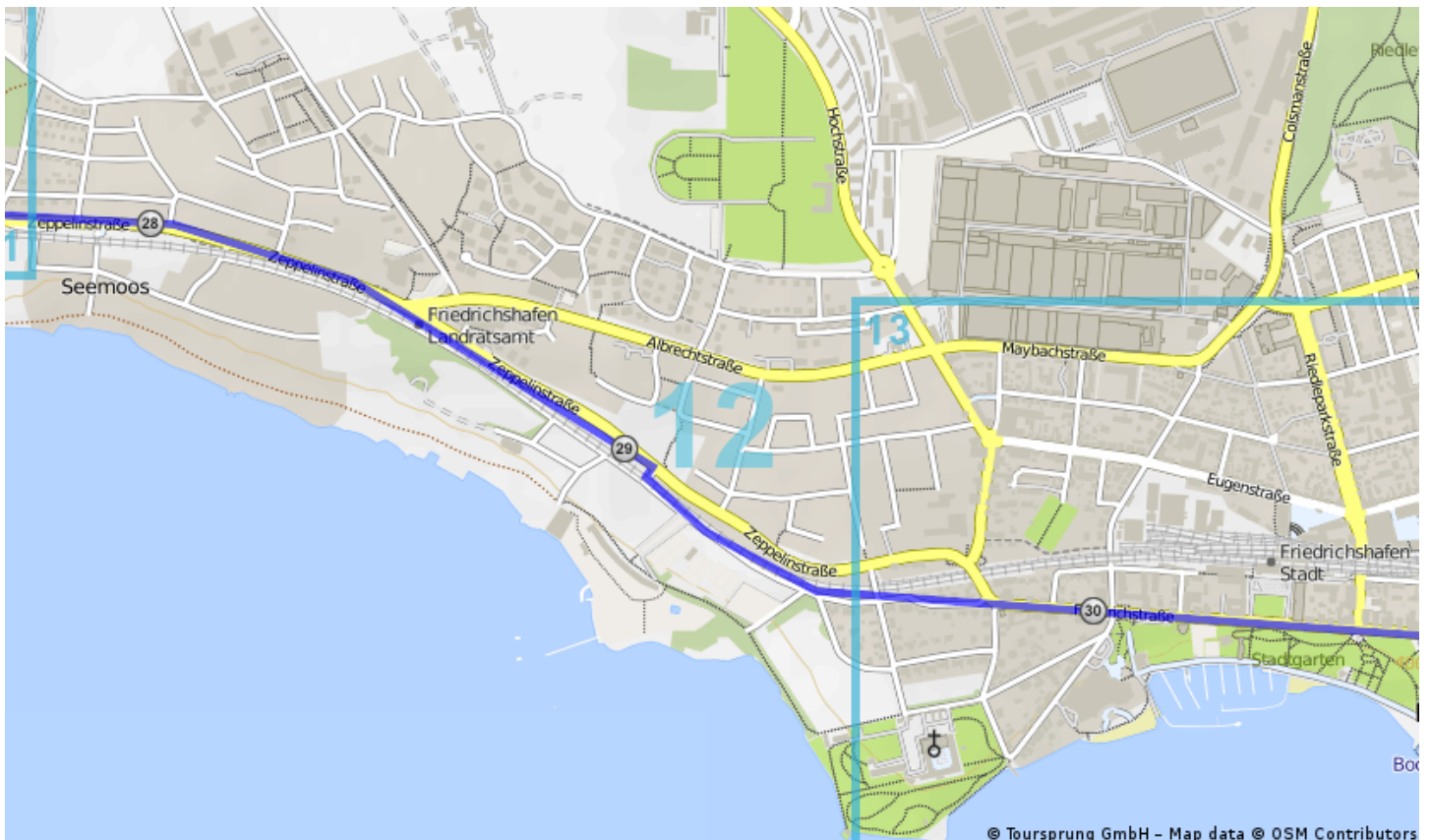


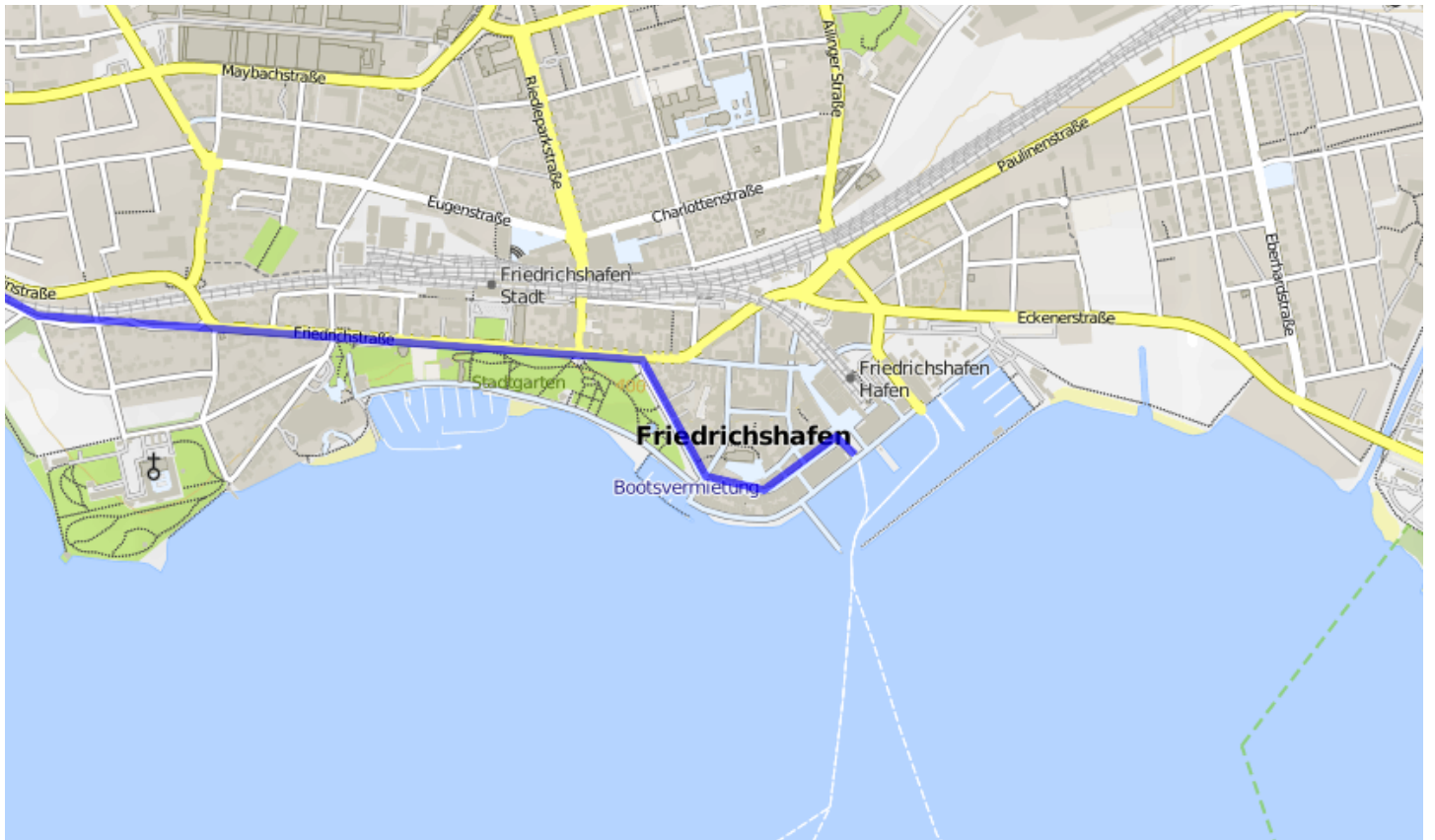




Bodensee-Radweg









Etappe 3

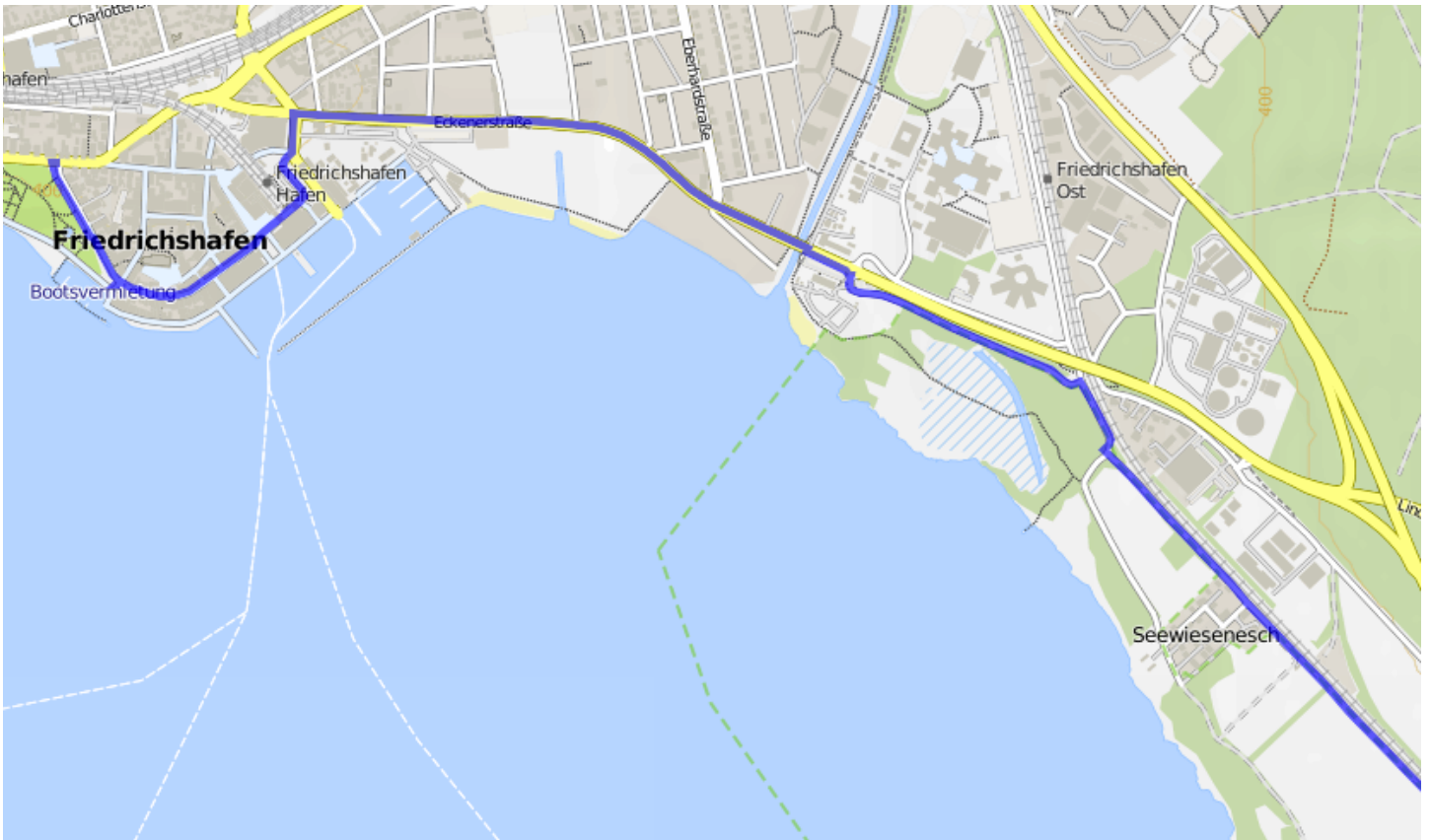
Start: Friedrichshafen, Hafen/Zeppelinmuseum

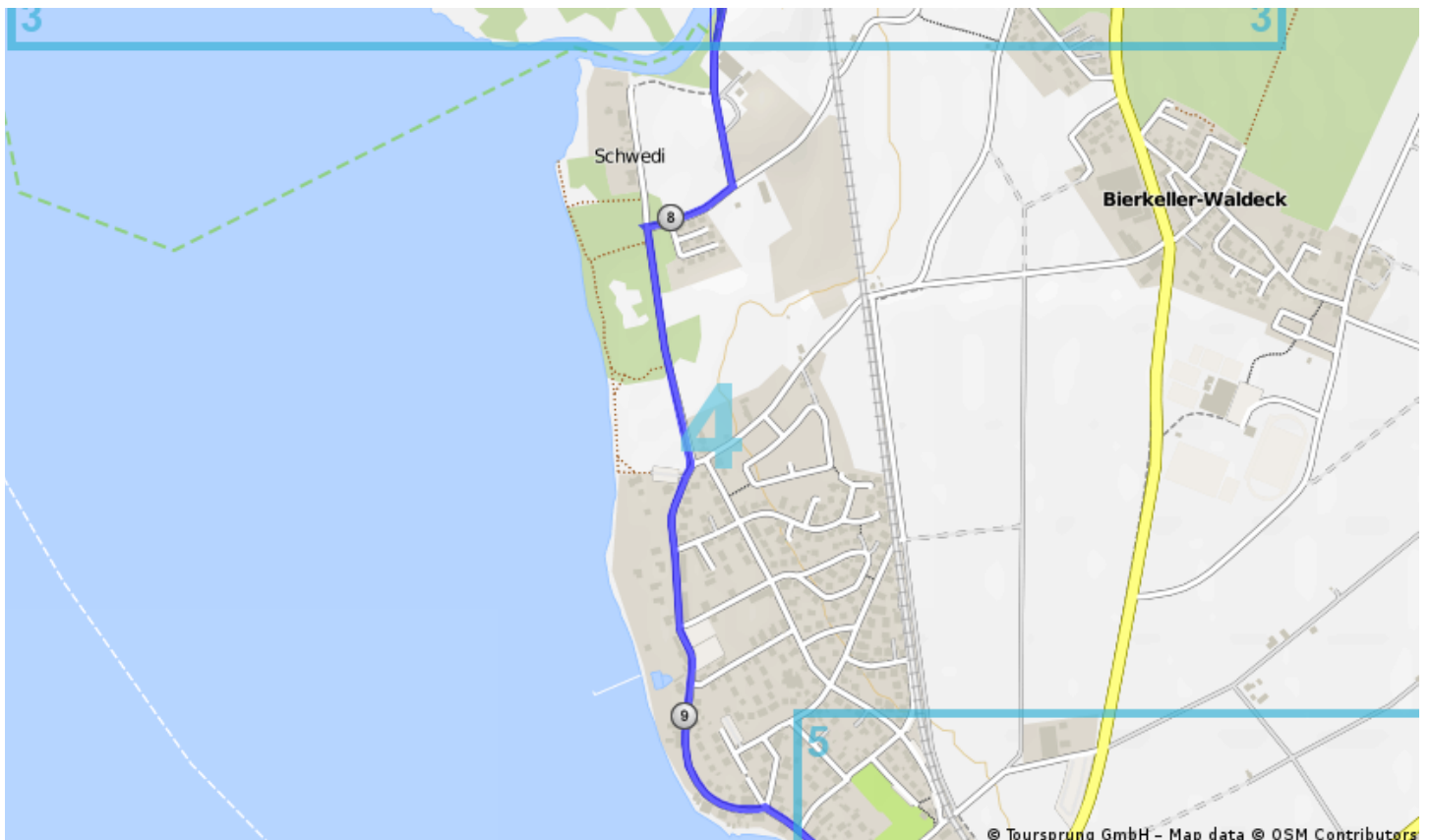
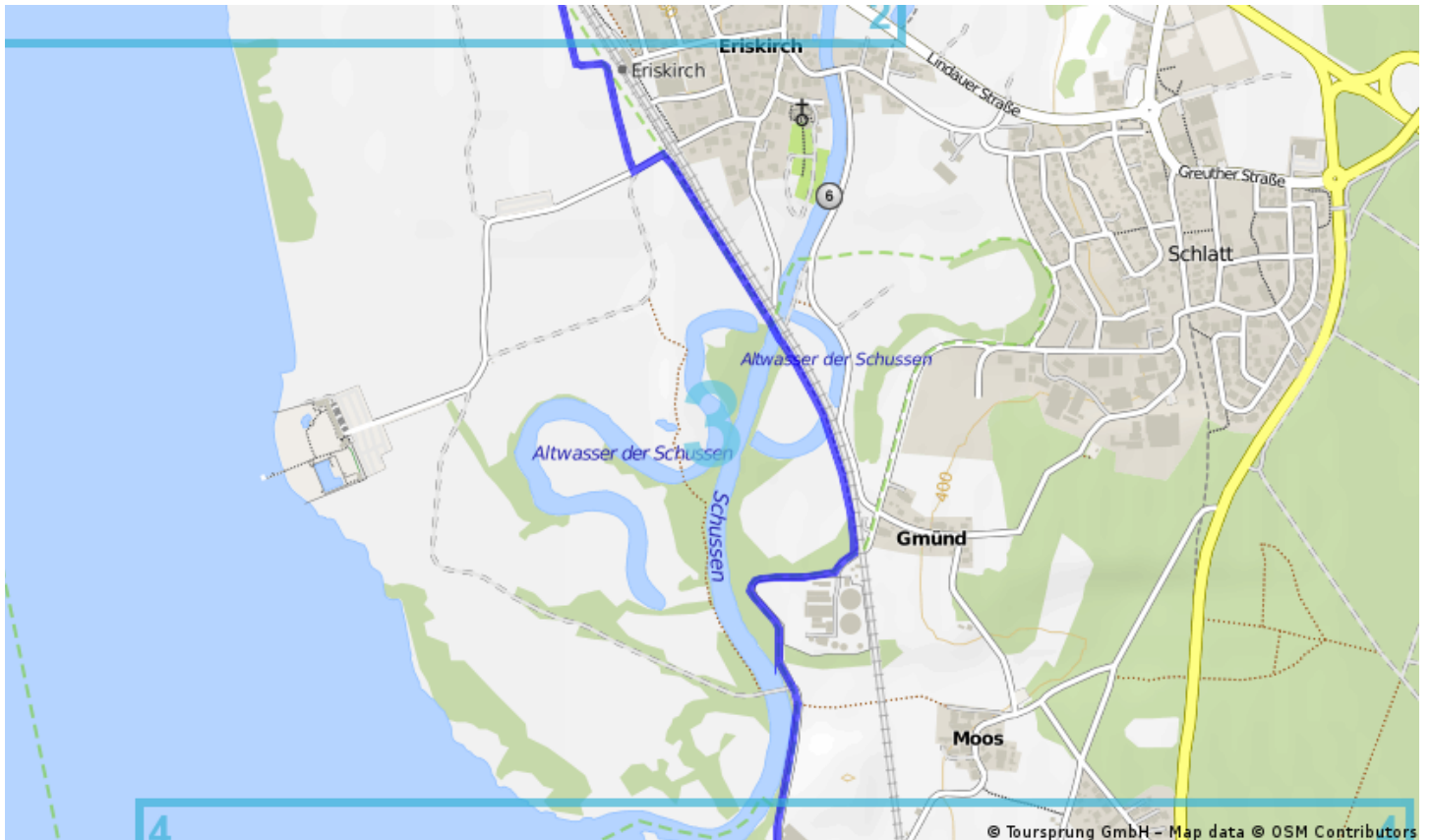
Ziel: Lindau, Bahnhof/Hafen

Anforderungen: ca 23 km, ca 50 Höhenmeter

Verlauf: Friedrichshafen – Eriskirch – Langenargen – Nonnenhorn – Wasserburg – Lindau

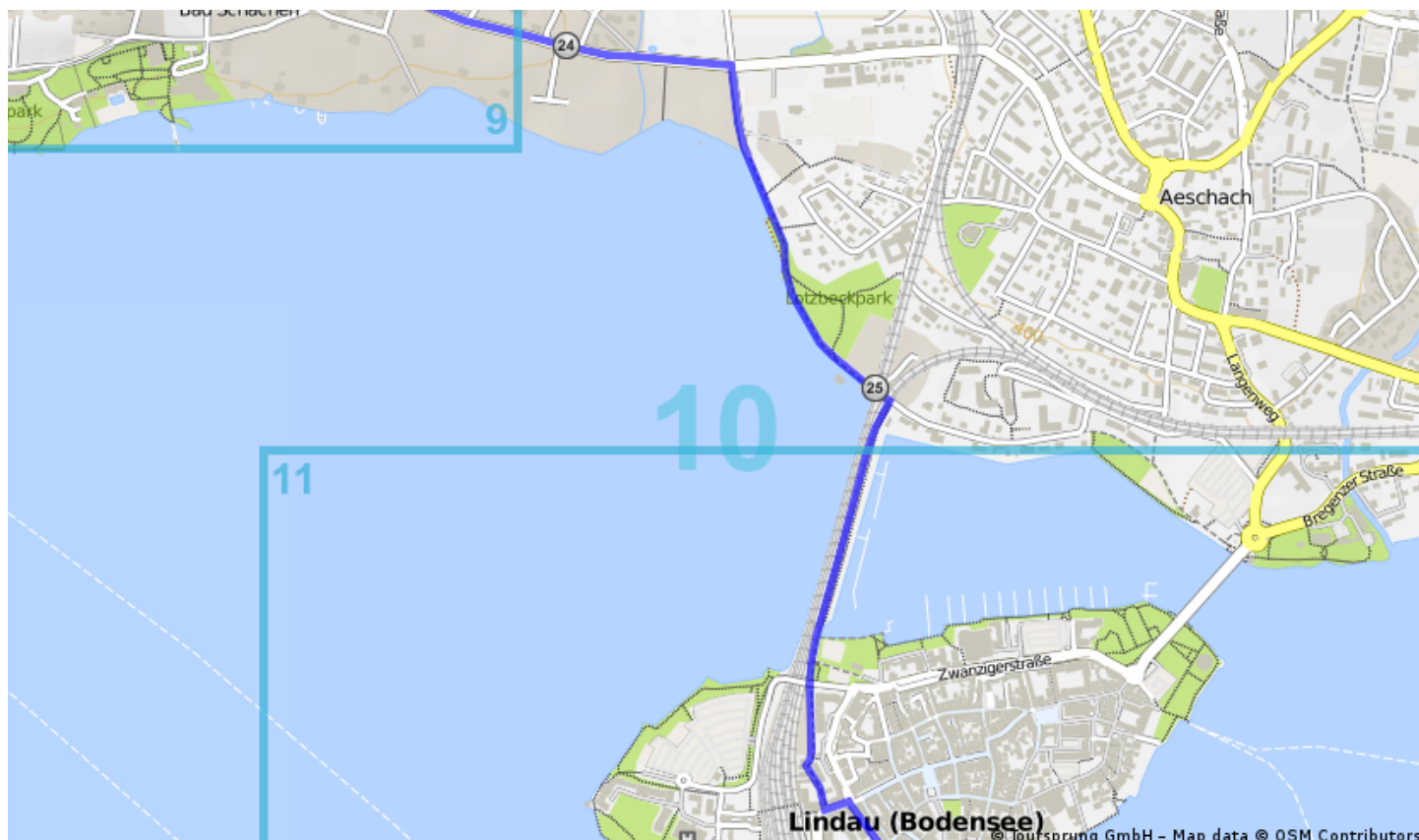














Etappe 4

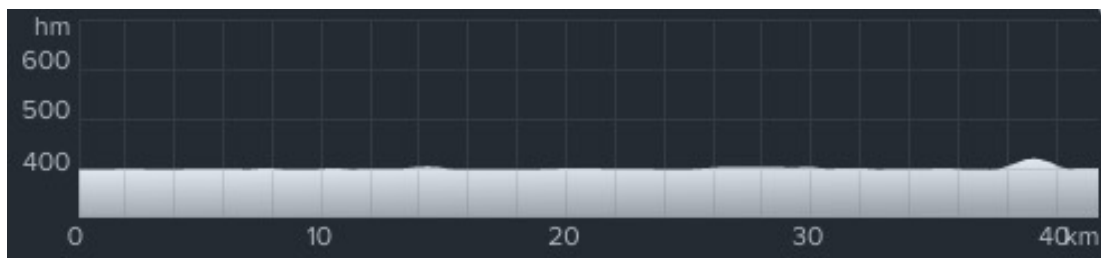
Start: Lindau, Bahnhof/Hafen

Ziel: Rorschach, Bahnhof/Schiffsanleger

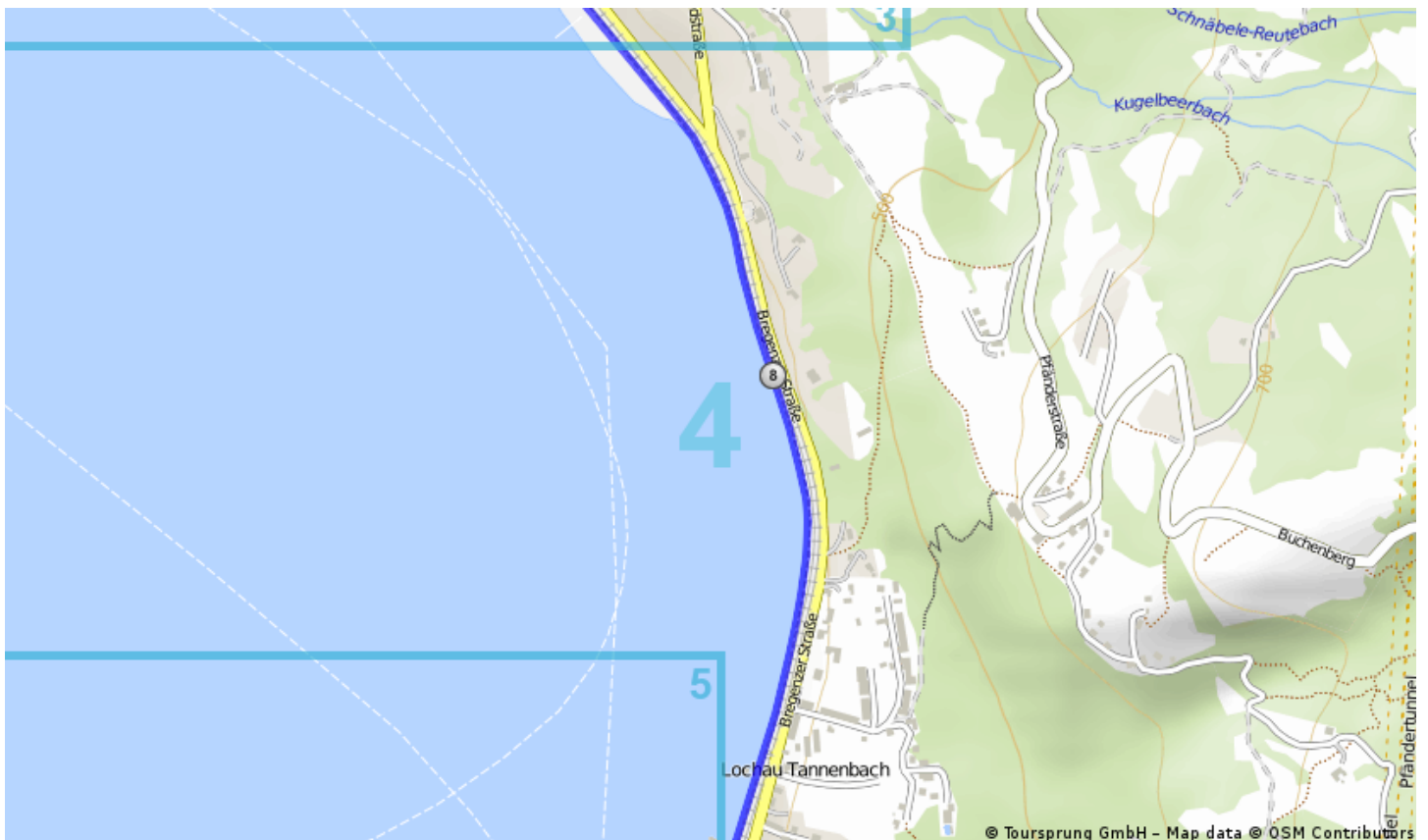
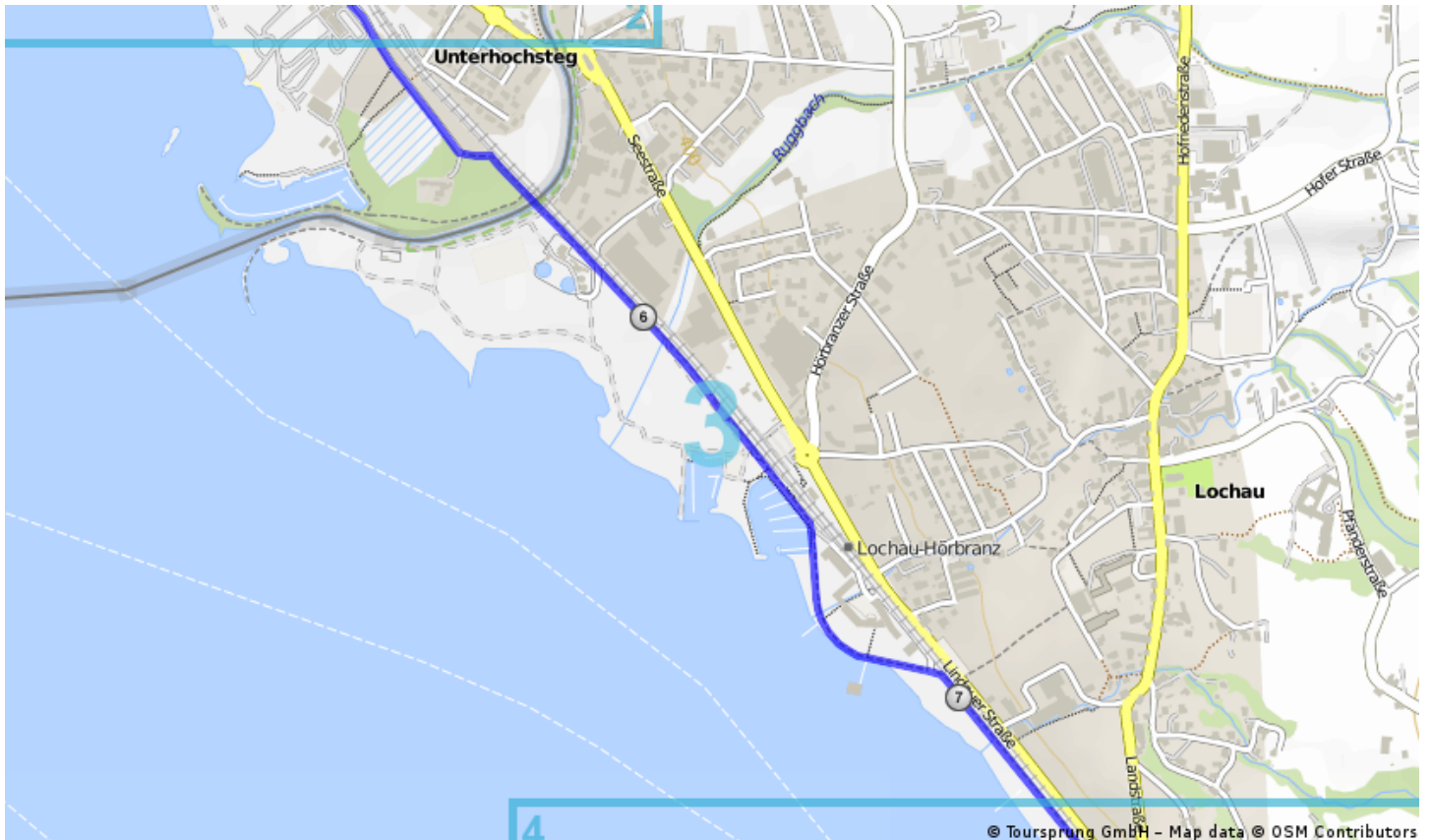
Anforderungen: ca. 38 km, ca 20 Höhenmeter

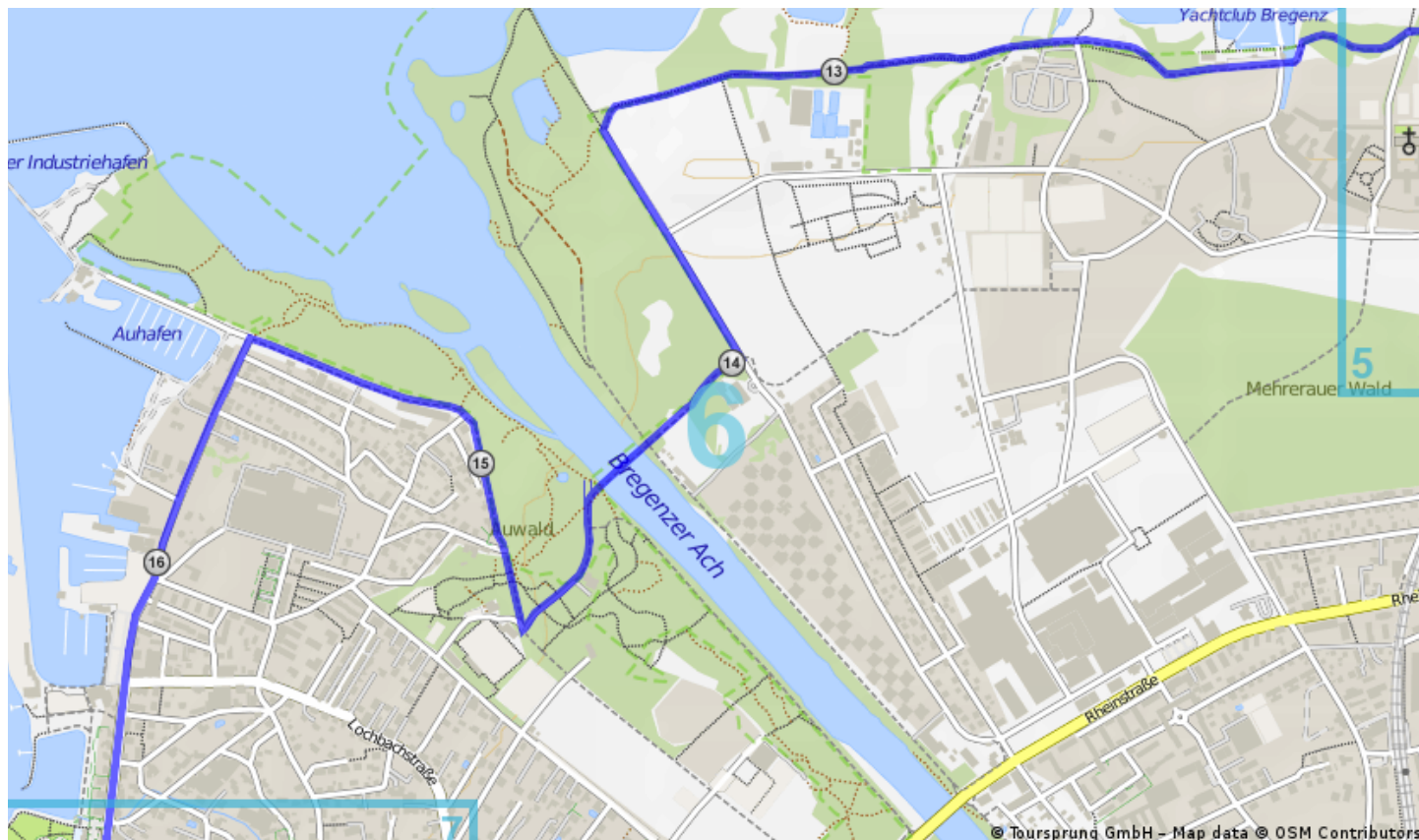
Verlauf: Lindau – Bregenz – Hard – Fußach – Gaißau – Rheineck – Rorschach

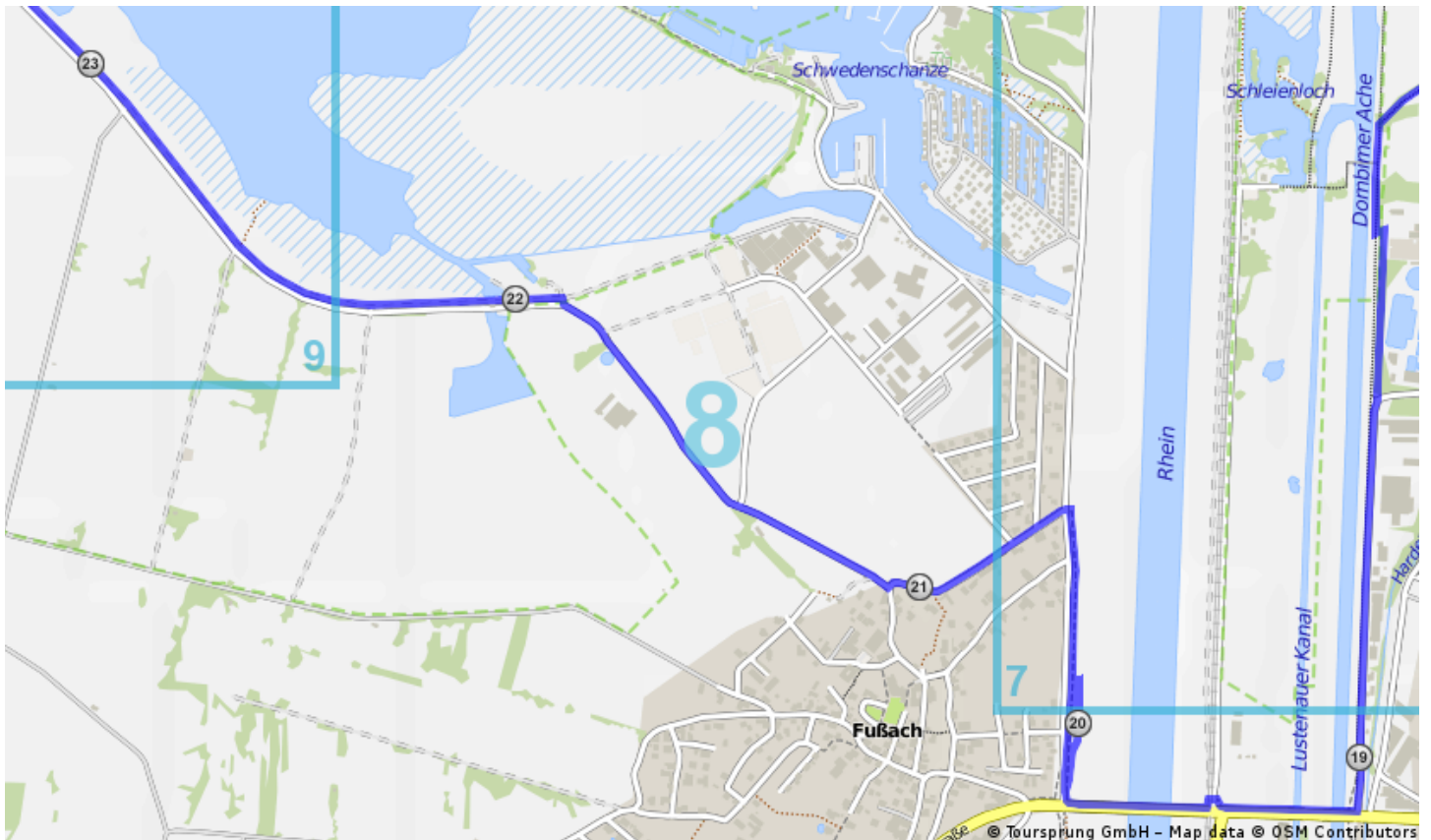
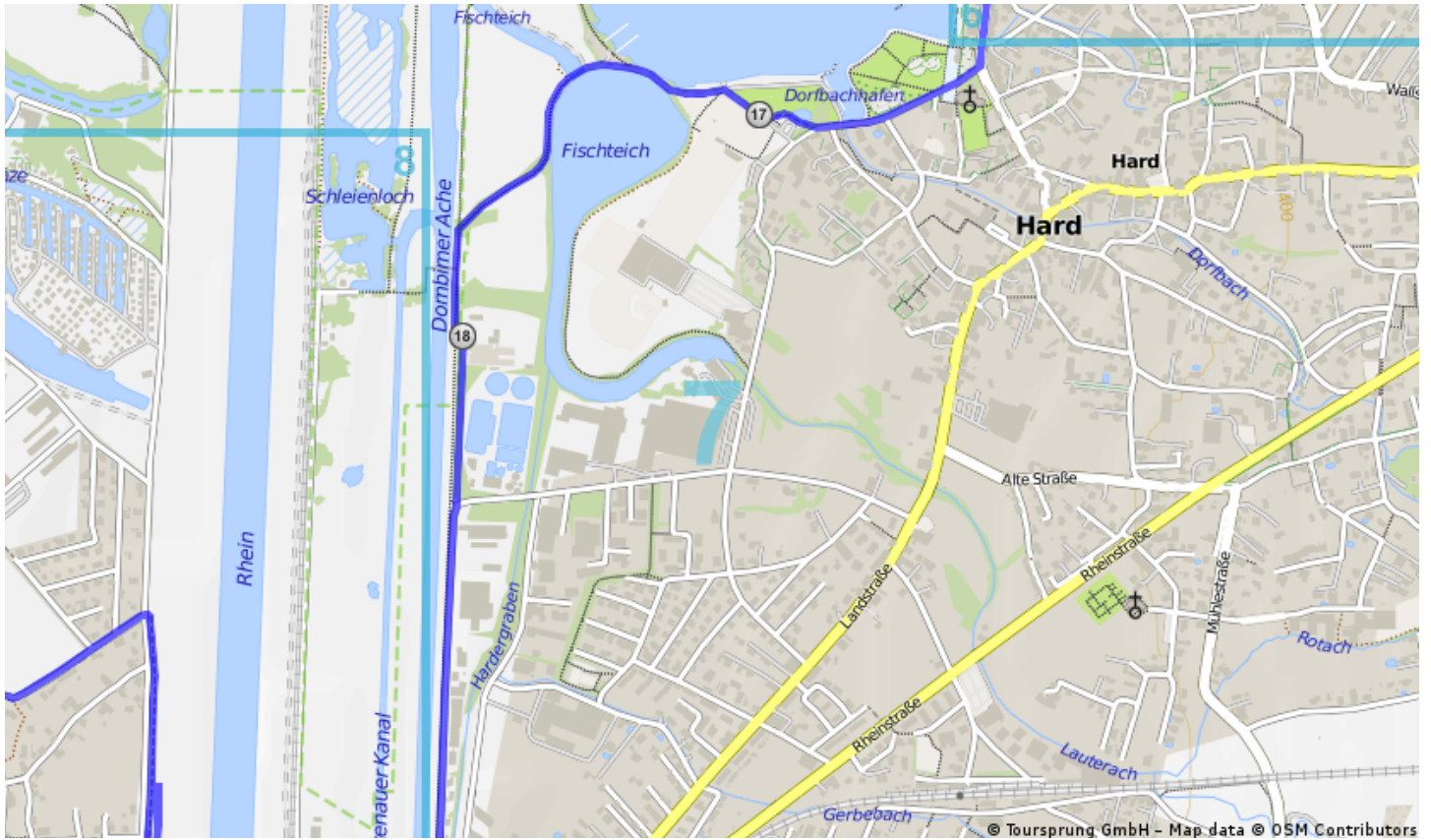
Höhendiagramm:

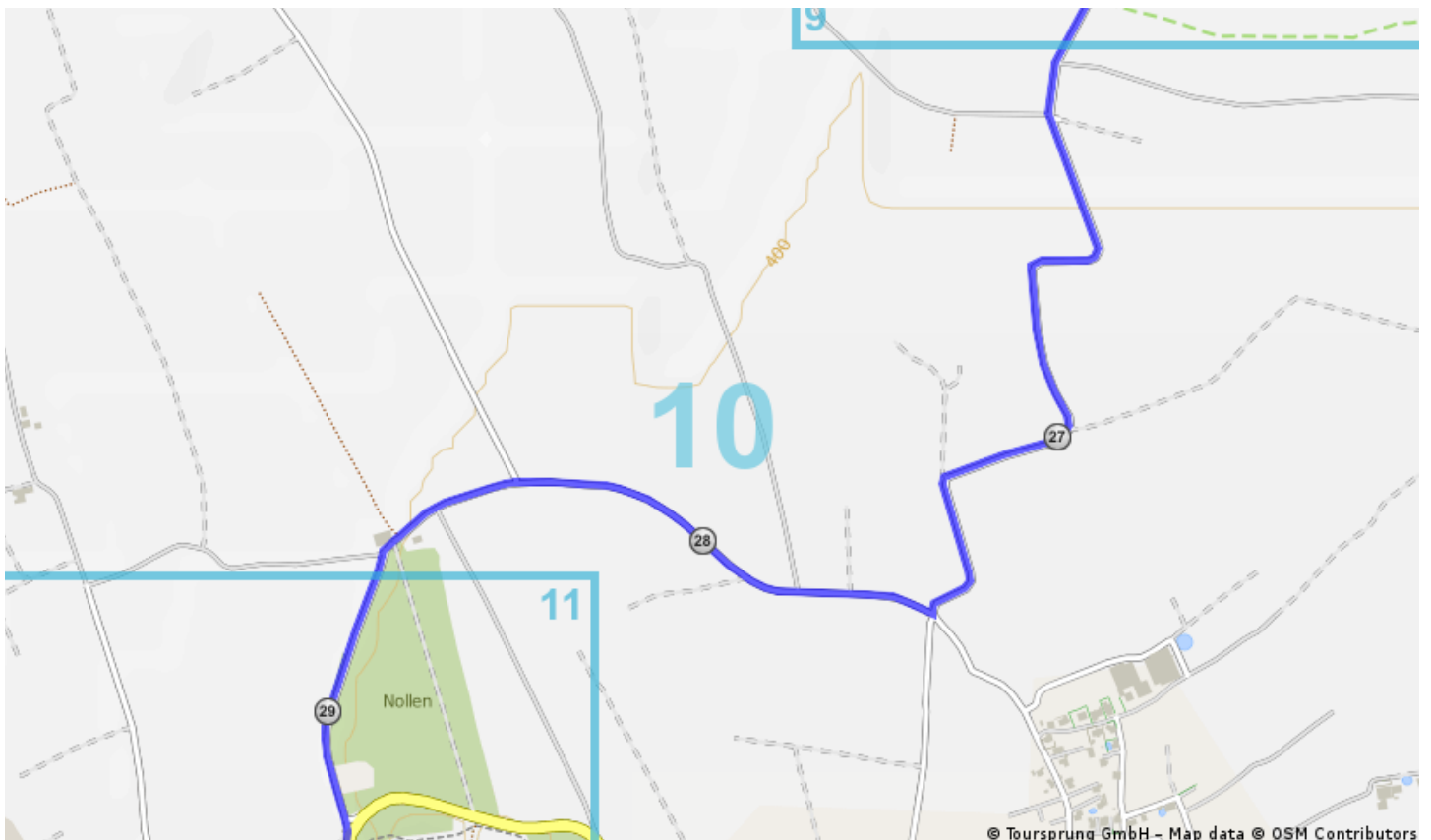


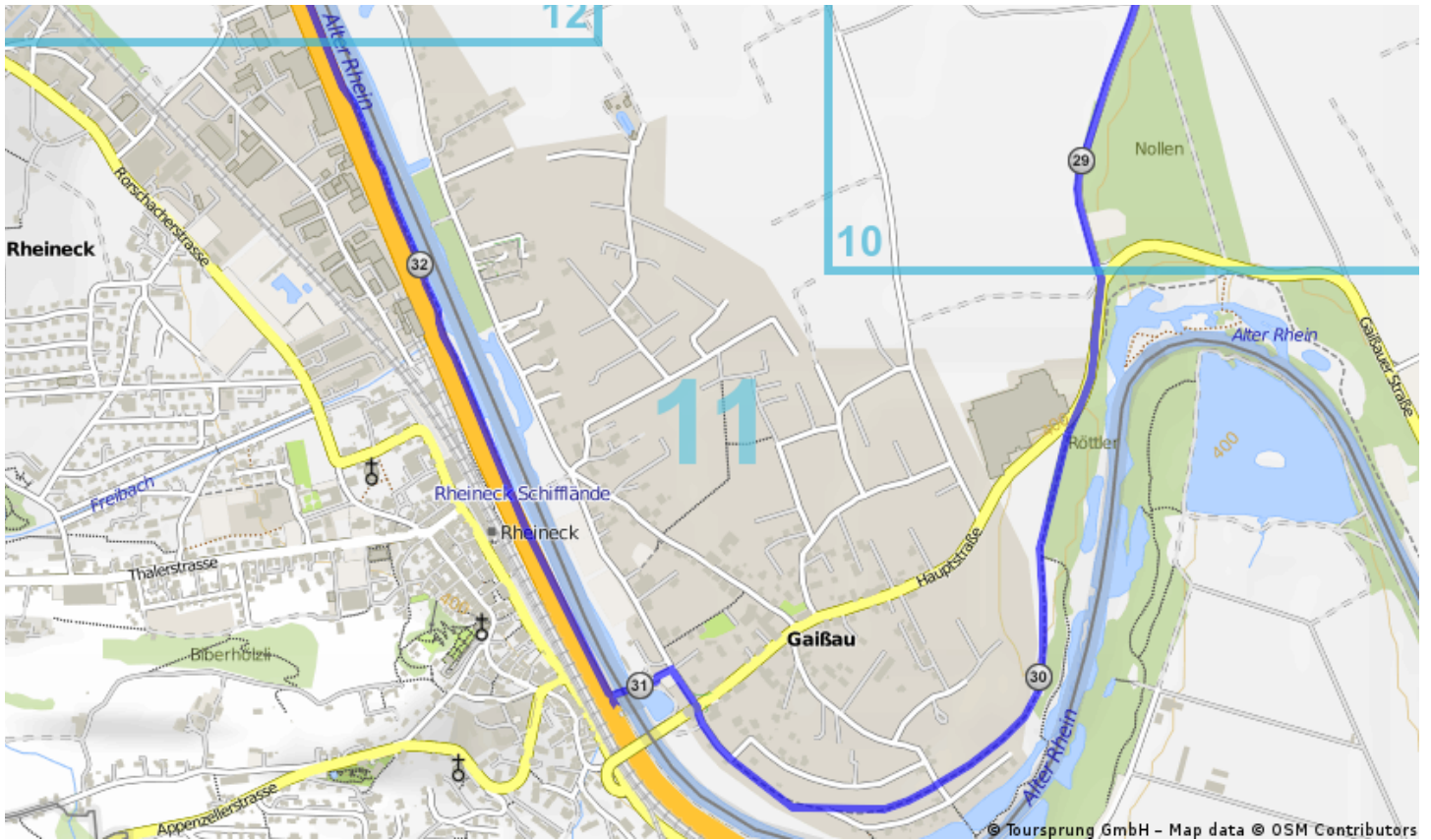


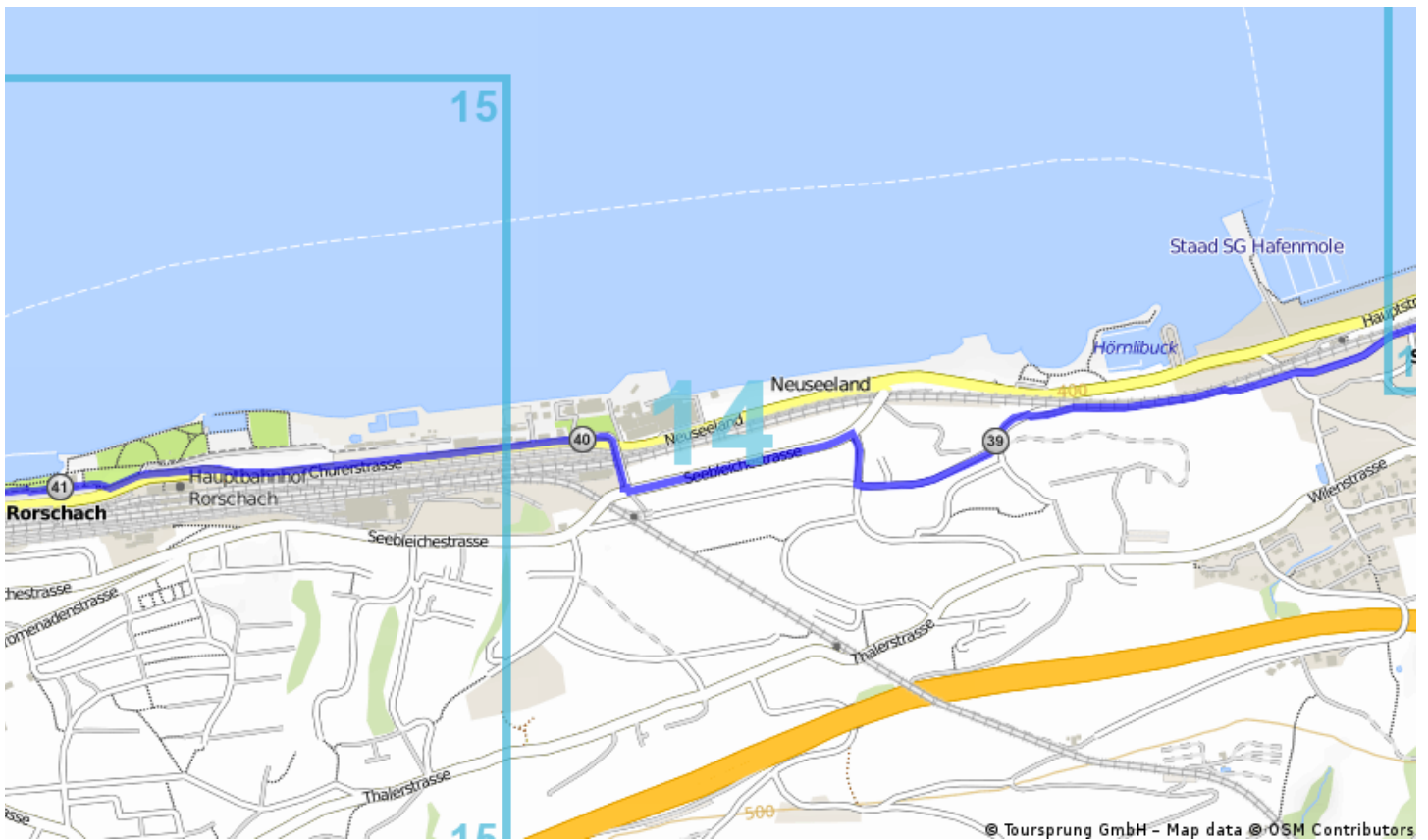


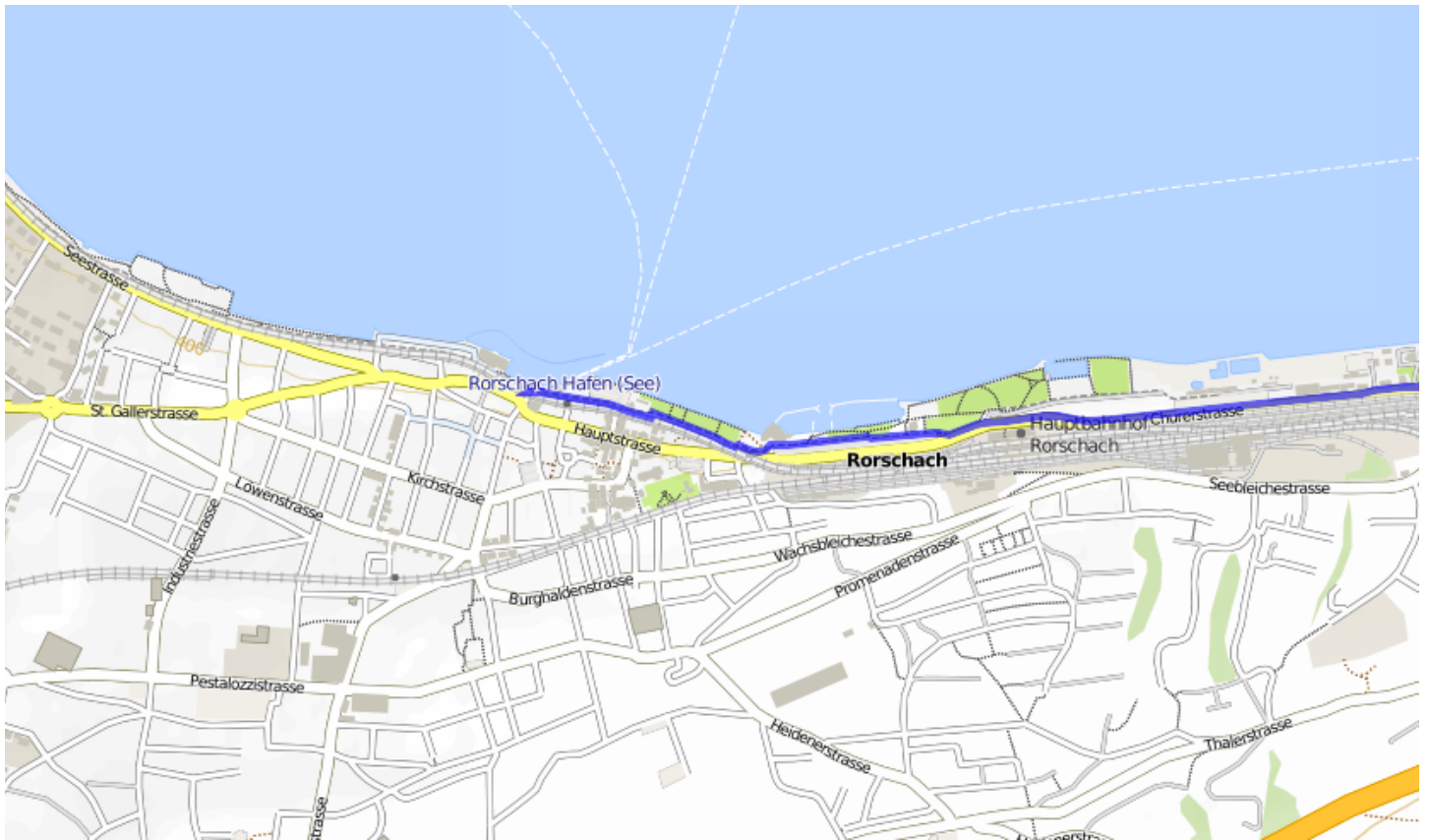














Etappe 5

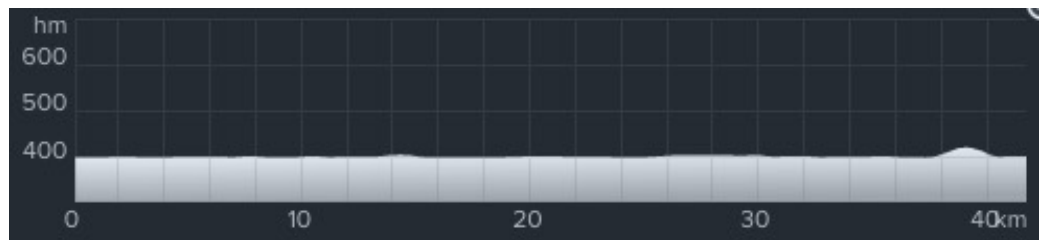
Start: Rorschach, Bahnhof/Schiffsanleger

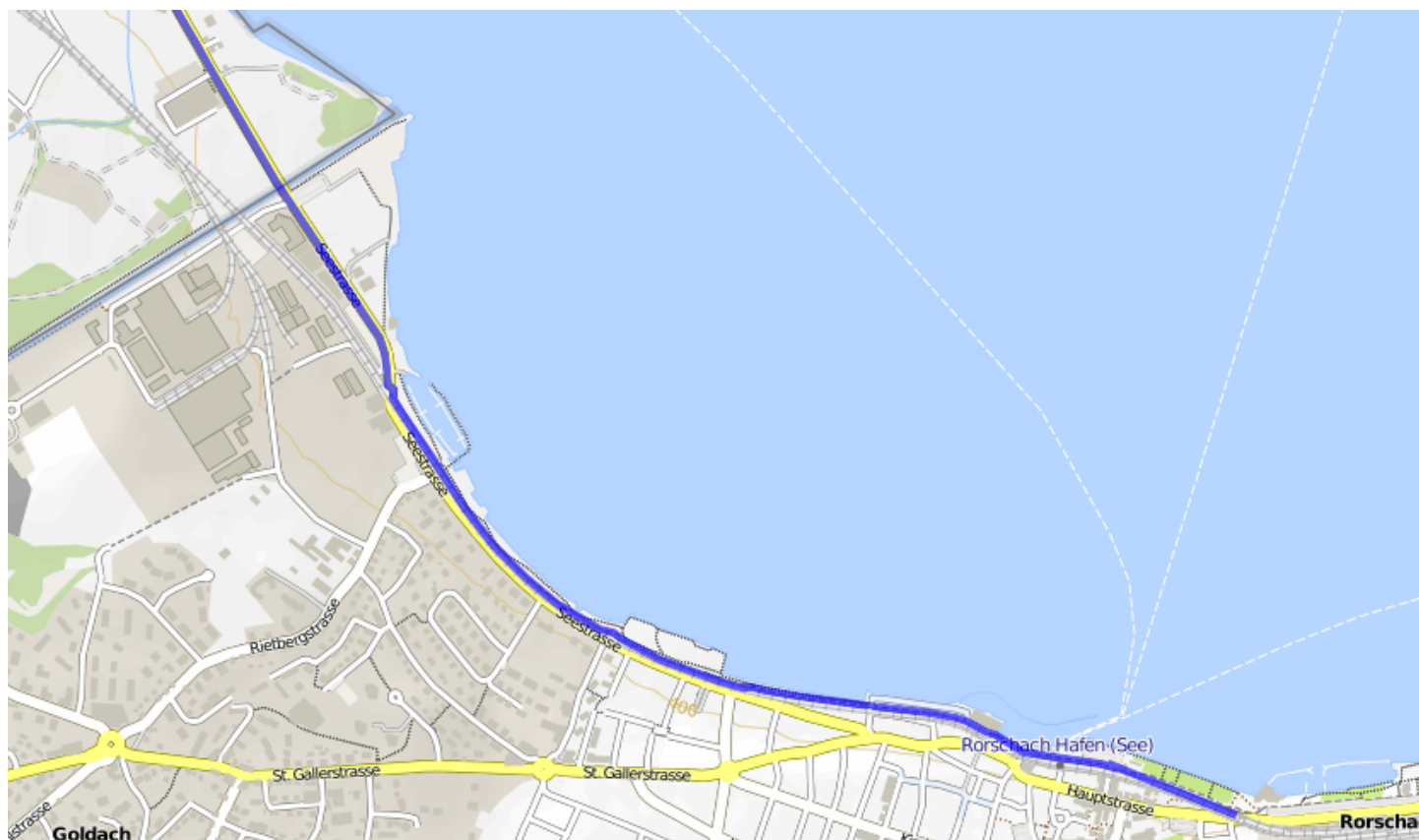
Ziel: Kreuzlingen, Hafen

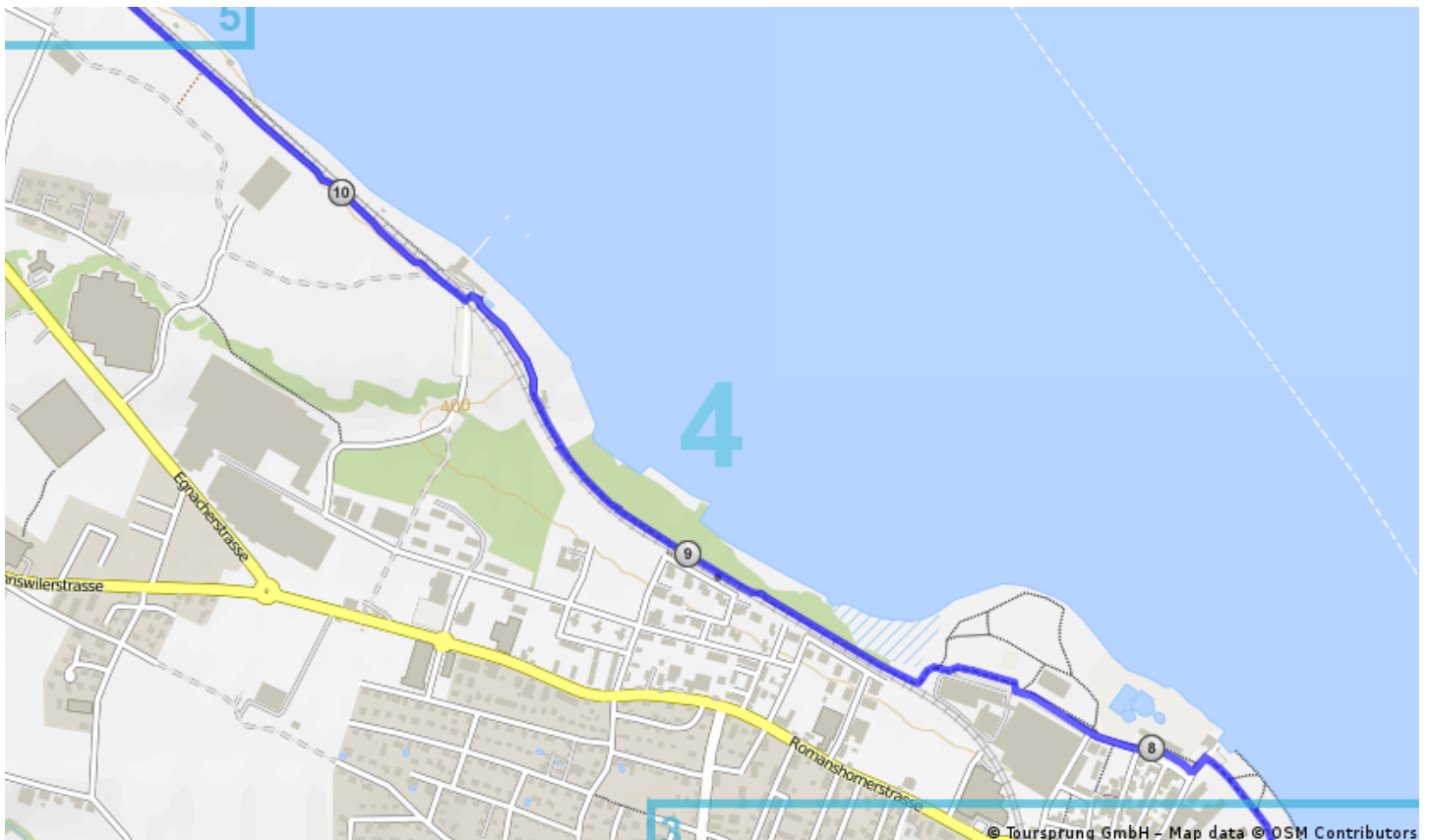
Anforderungen: ca. 38 km, ca. 50 Höhenmeter

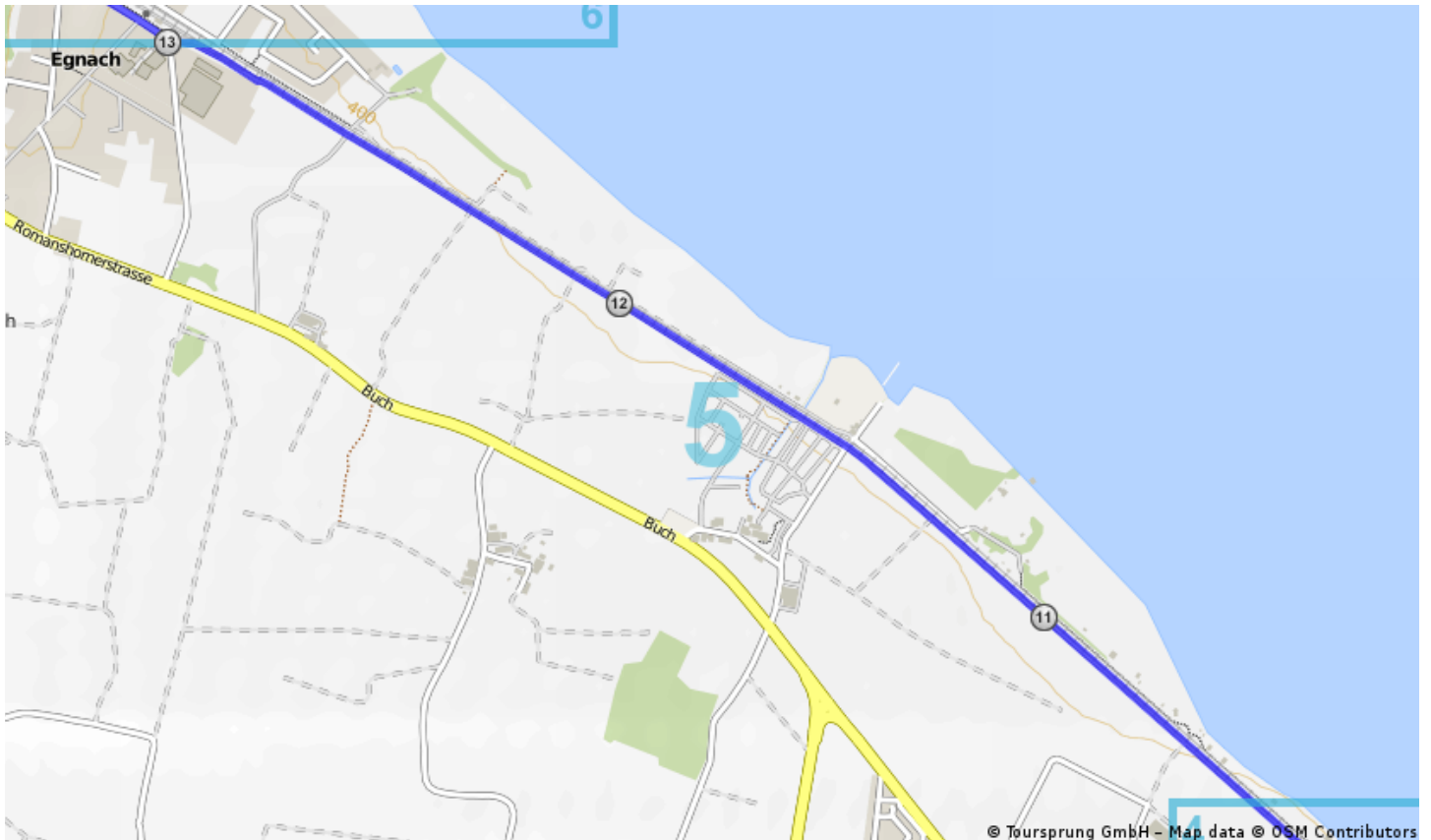
Verlauf: Rorschach – Horn – Arbon – Romanshorn – Uttwil – Güttingen – Münsterlingen – Kreuzlingen

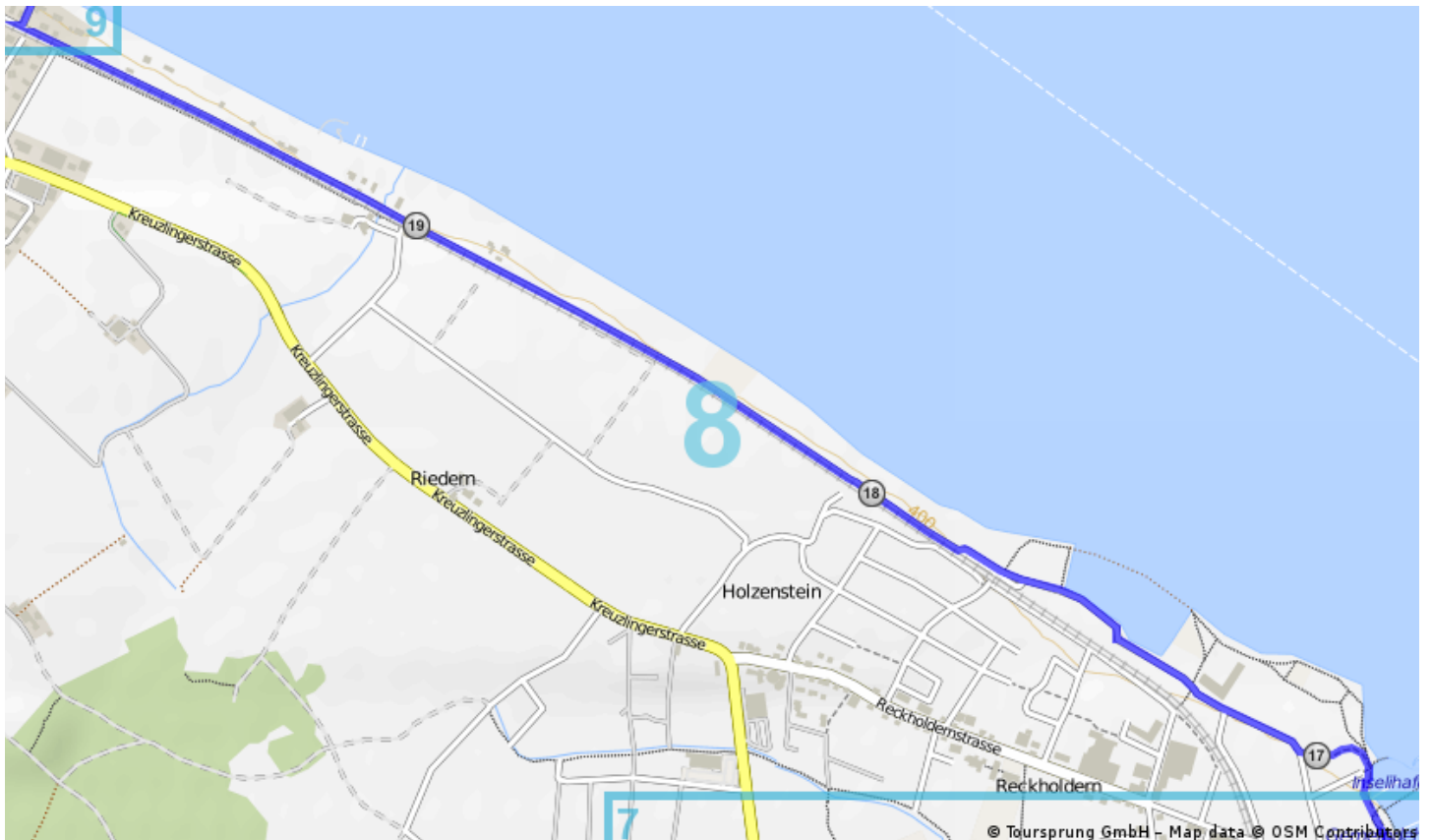
Höhendiagramm:

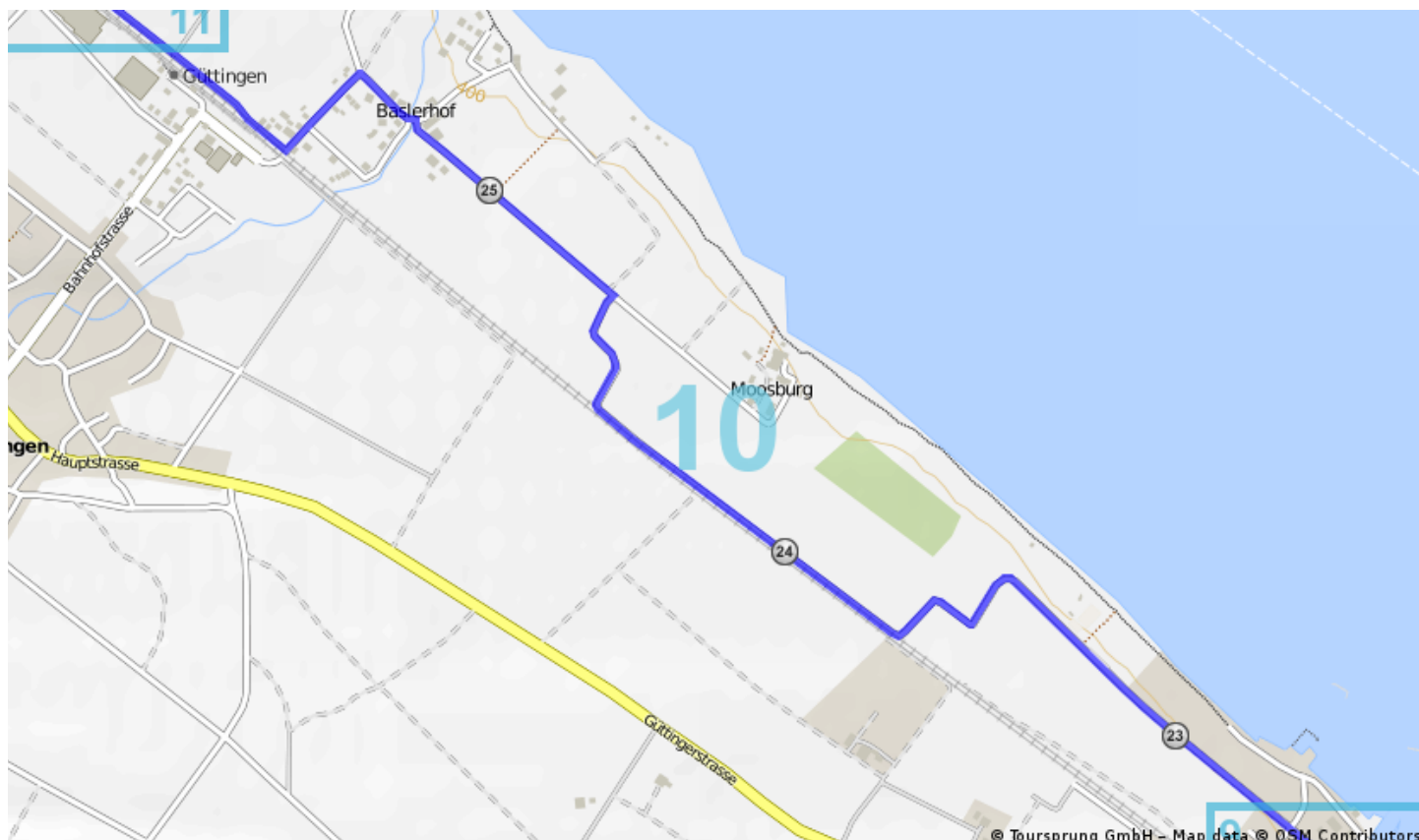
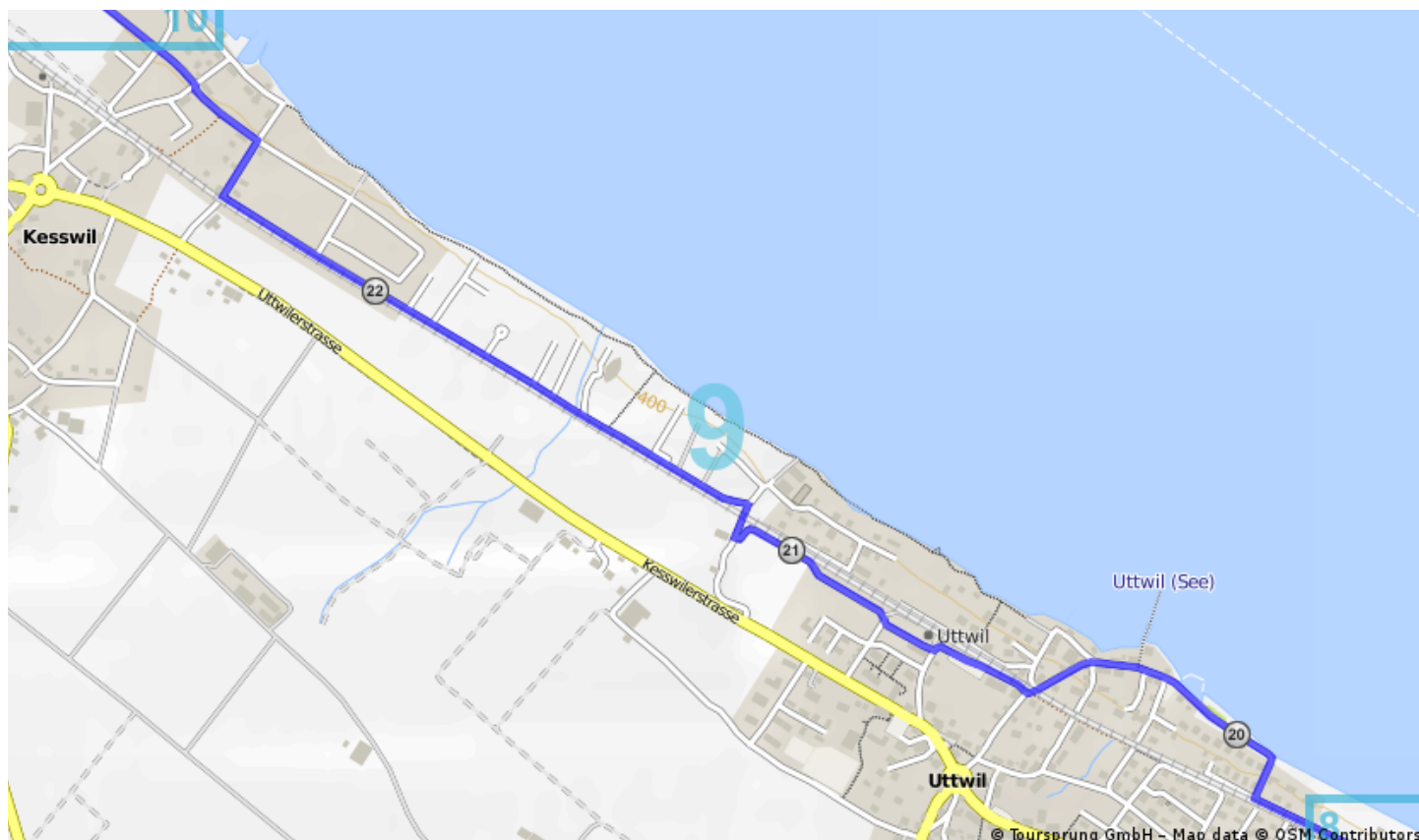


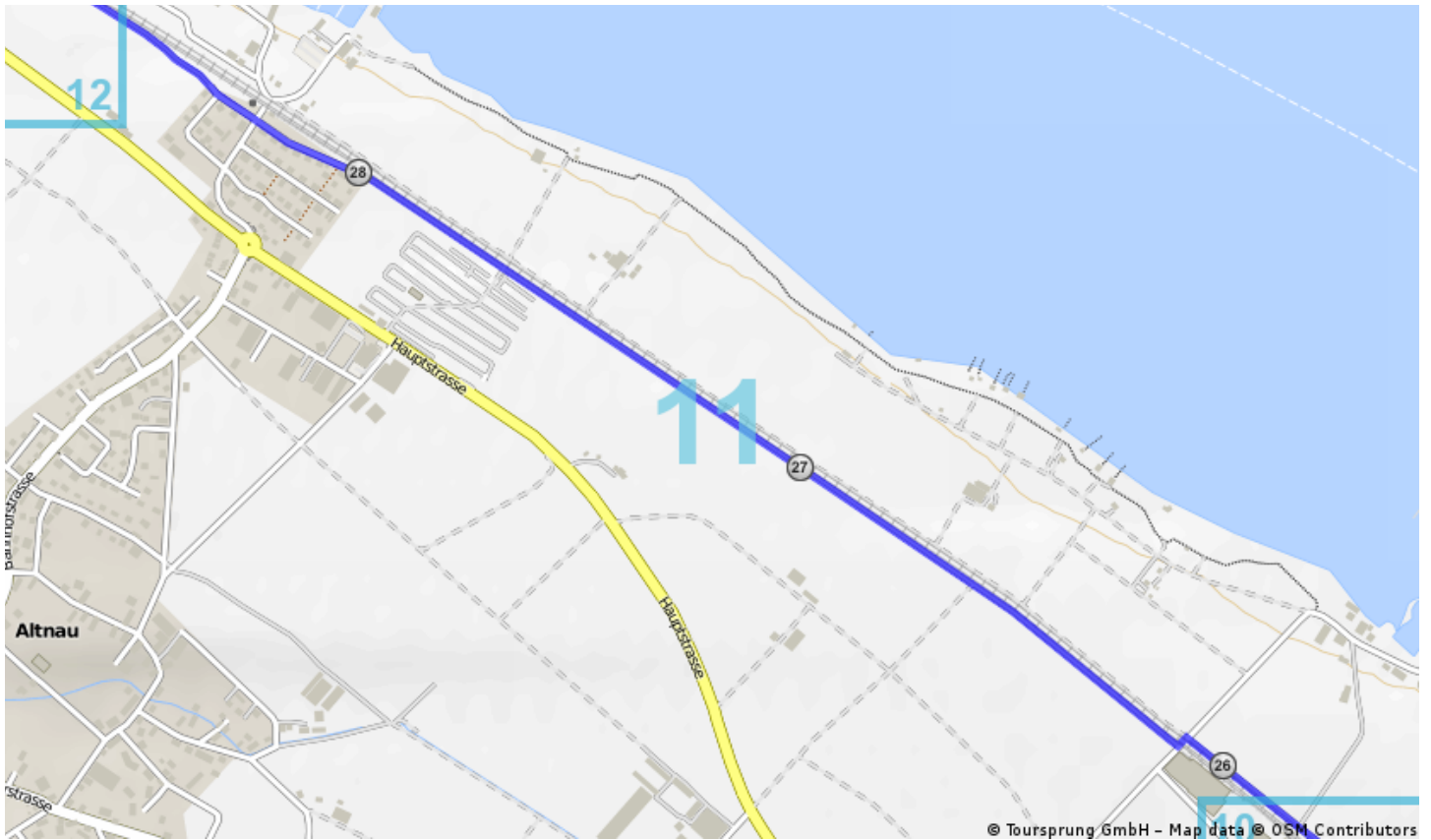




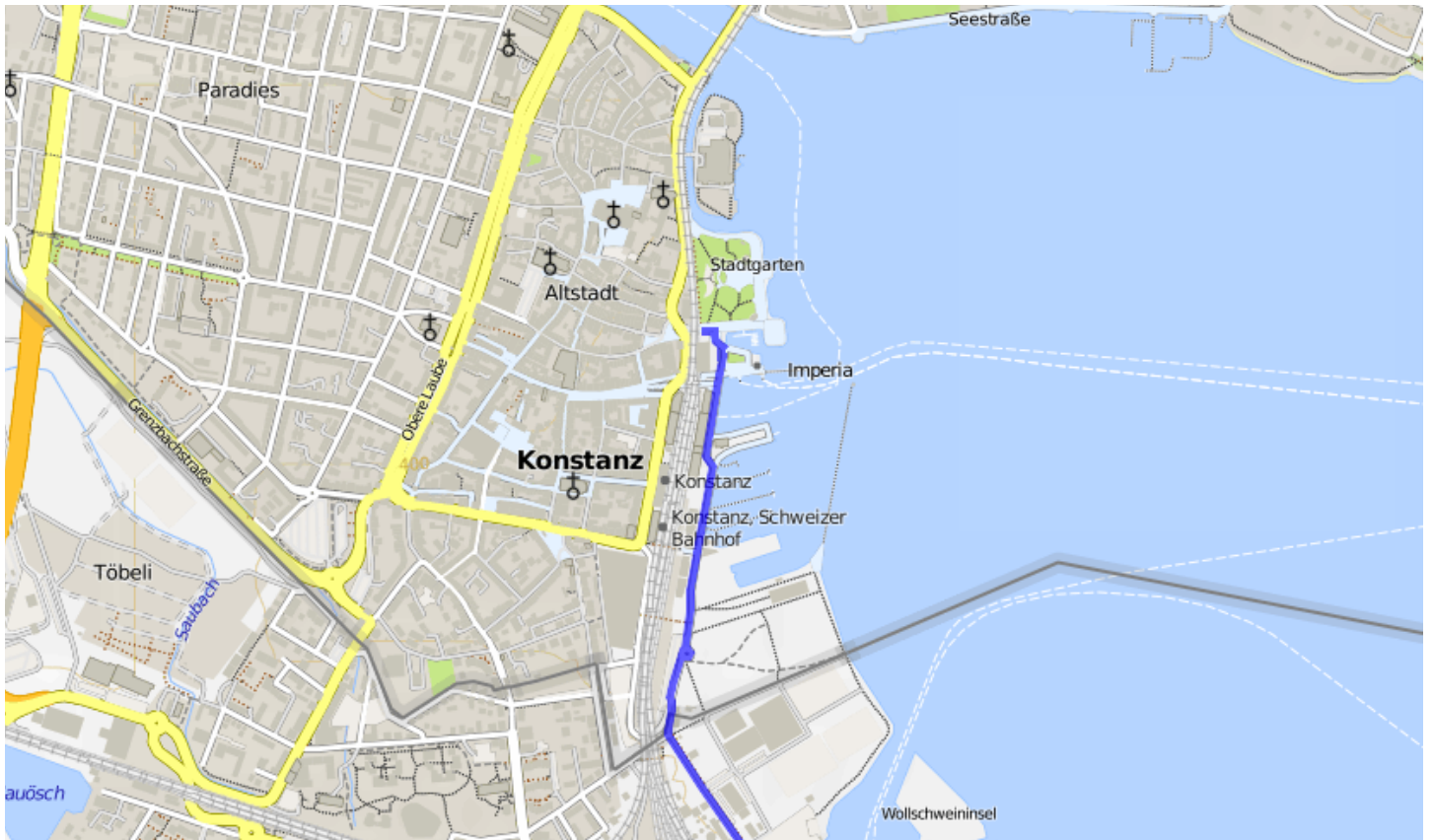














Etappe 6

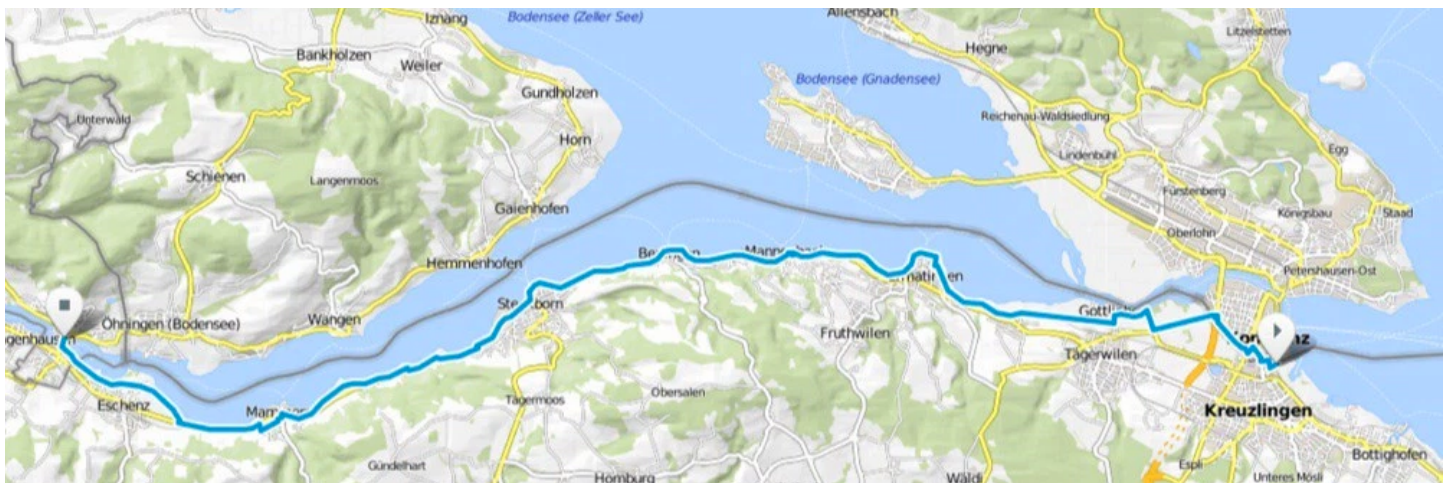
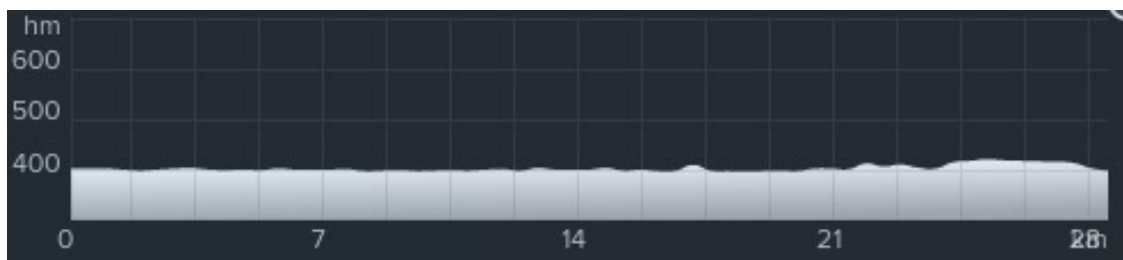
Start: Kreuzlingen, Hafen

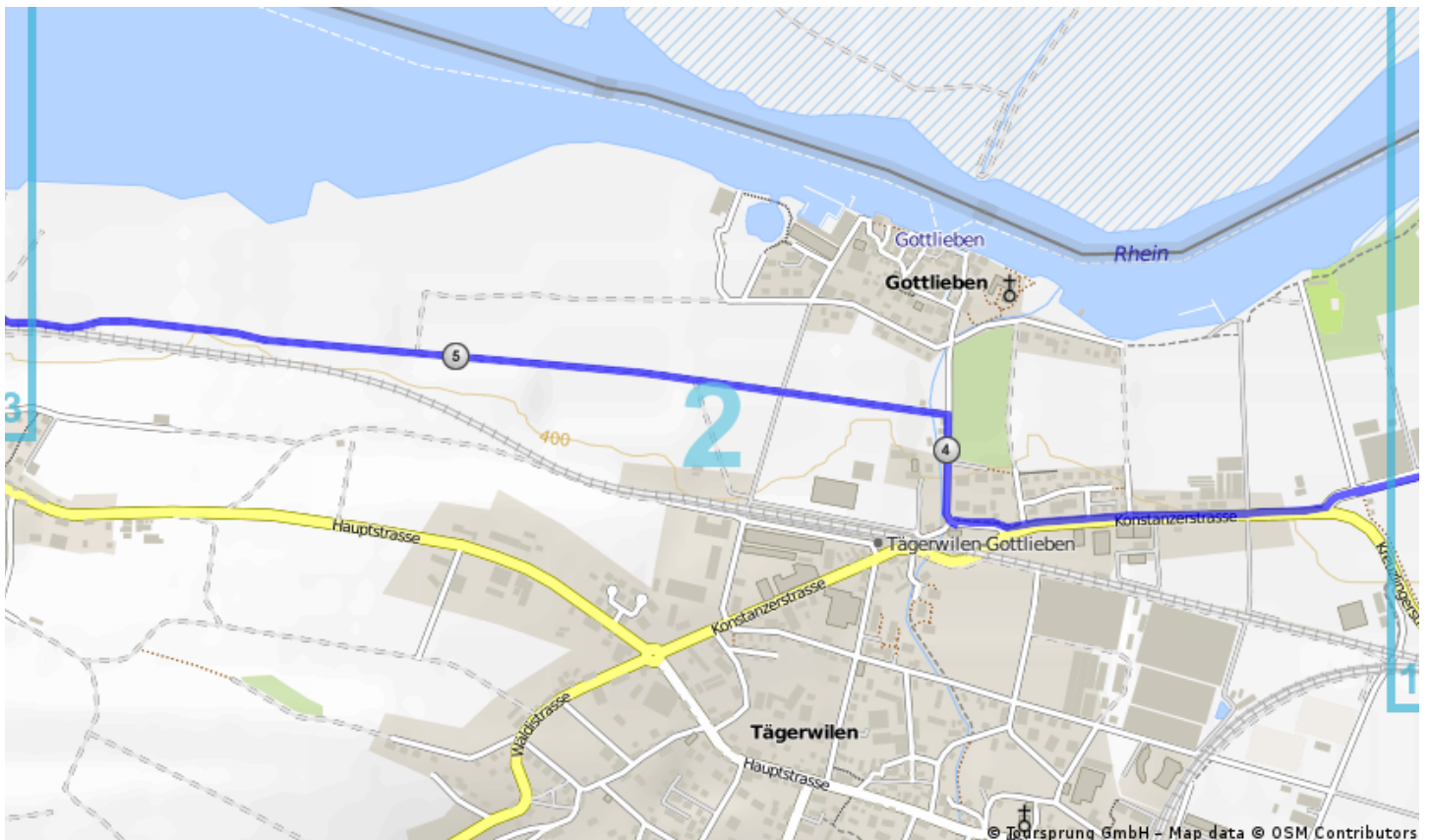
Ziel: Stein am Rhein, Rheinbrücke

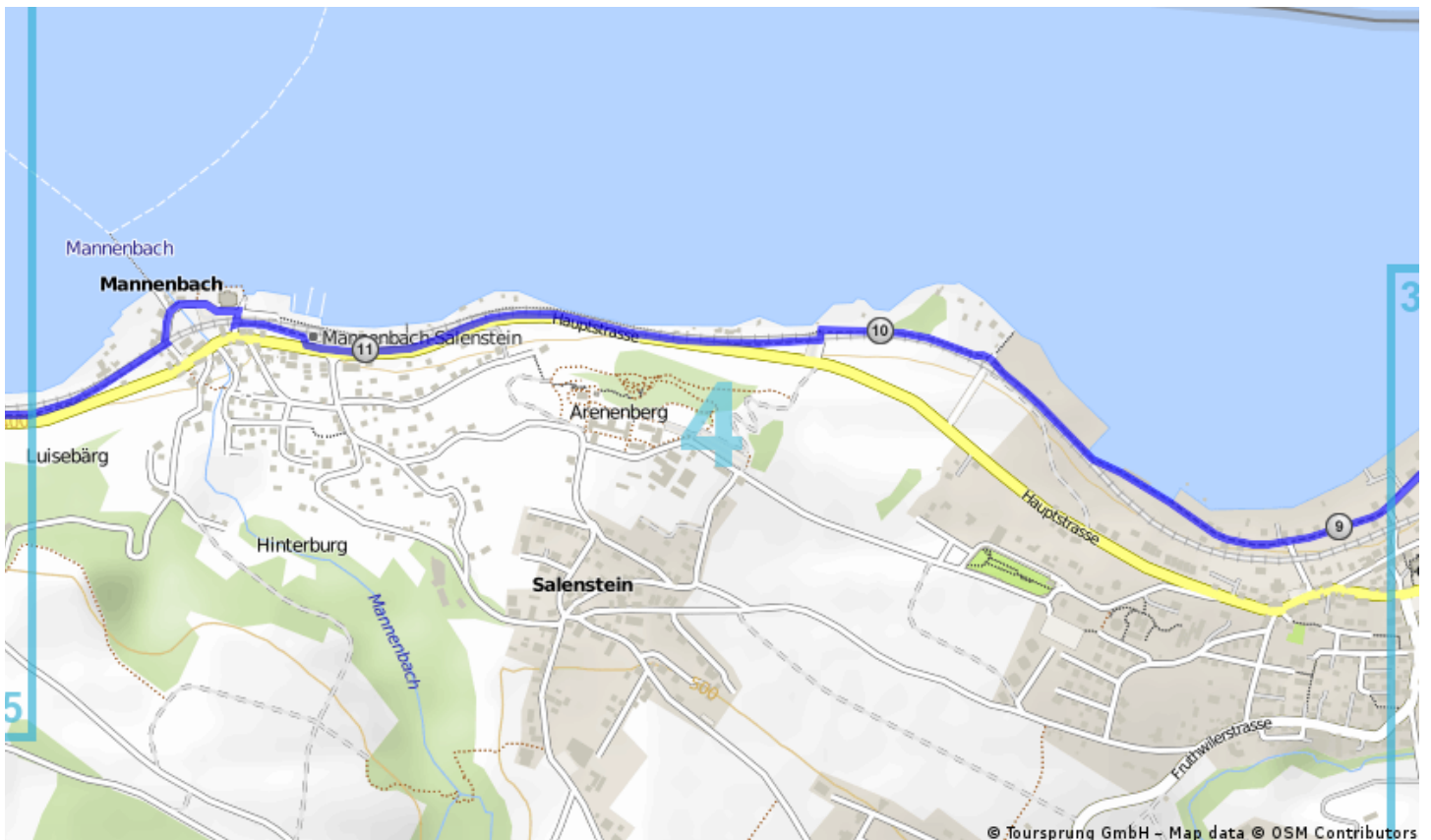
Anforderungen: ca. 31 km, ca 100 Höhenmeter

Verlauf: Kreuzlingen – Gottlieben – Ermatingen – Salenstein-Mannenbach – Berlingen – Steckborn – Mammern – Eschenz – Stein a.R.

Höhendiagramm:

















Etappe 7

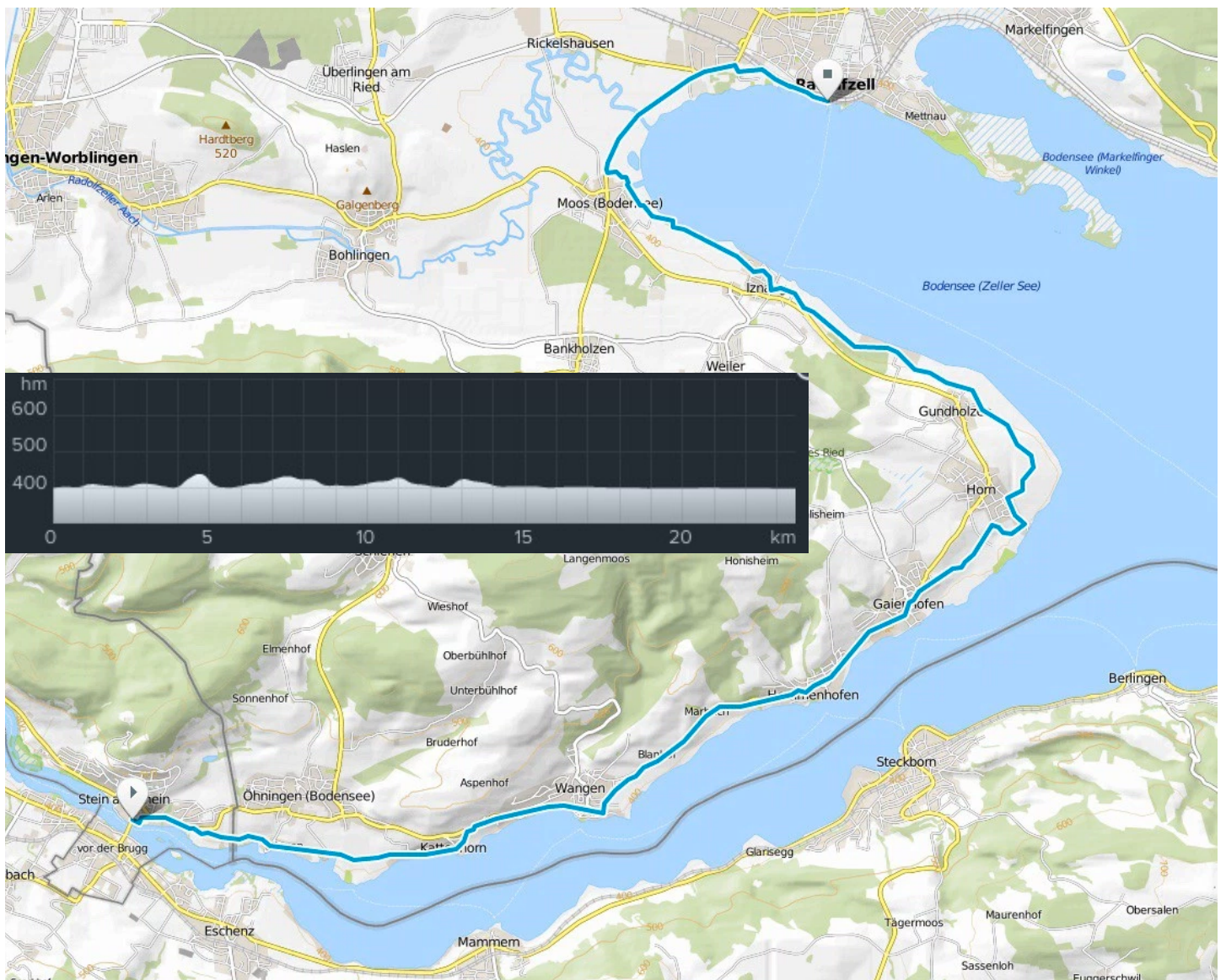
Start: Stein am Rhein, Rheinbrücke

Ziel: Radolfzell, Bahnhof/Hafen

Anforderungen: ca. 21,5 km, ca 100 Höhenmeter

Verlauf: Stein am Rhein – Öhningen – Wangen – Gaienhofen – Moos – Radolfzell – Allensbach – Konstanz

Beschreibung: Ab Stein am Rhein über die Künstler-Halbinsel Hörli bis nach Radolfzell. Herrliche Radwege am Horn, einige kurze Steigungen bei Wangen, aber nur 21 km.

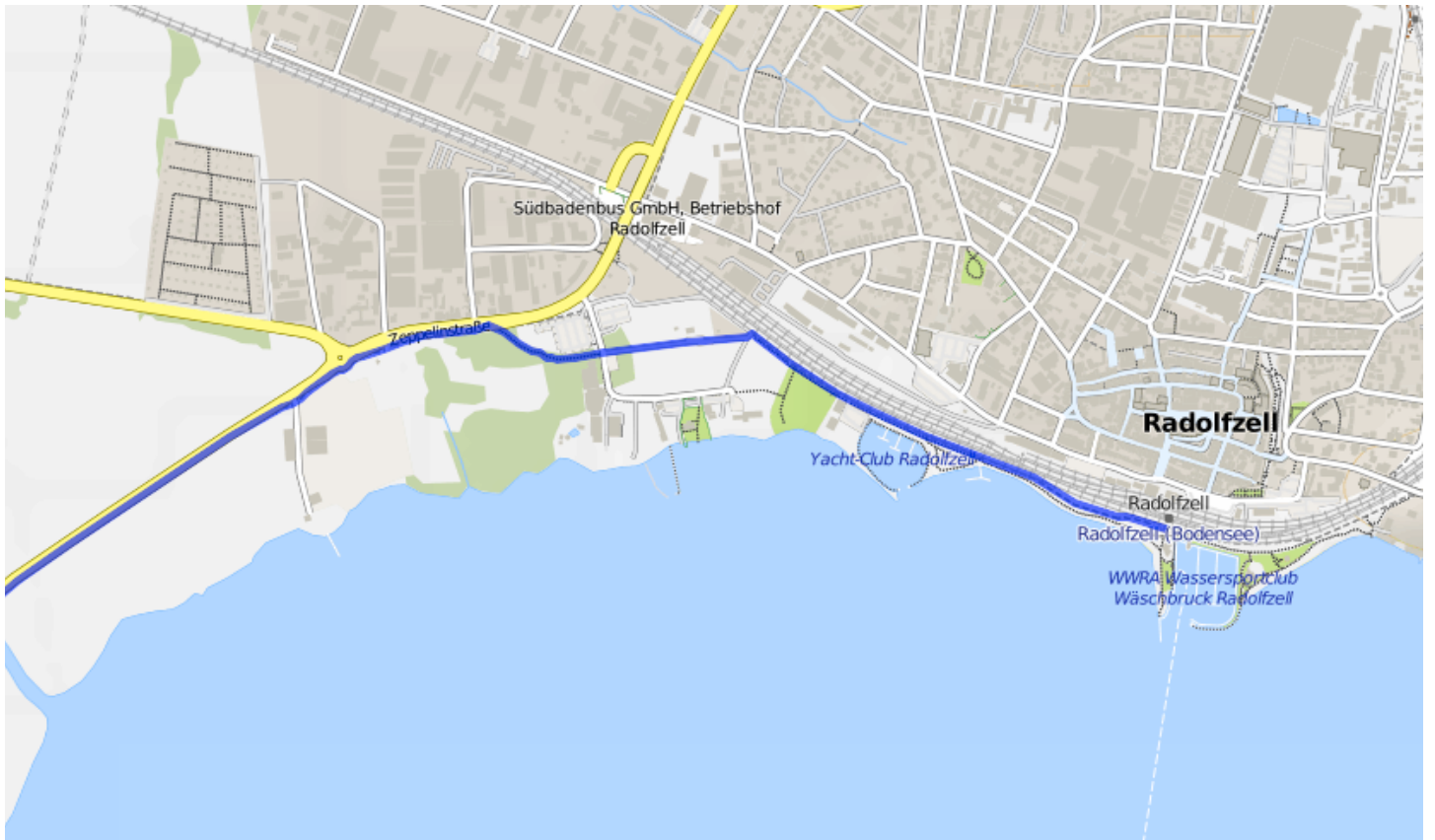












Etappe 8

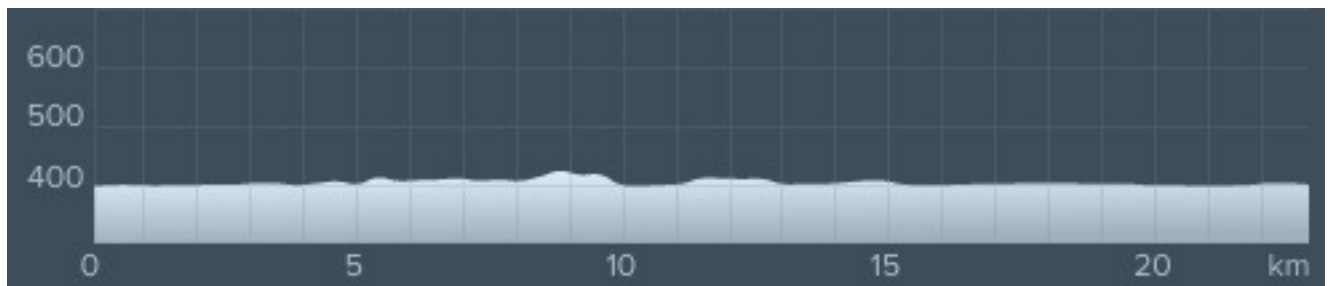
Start: Radolfzell, Bahnhof/Hafen

Ziel: Konstanz, Alte Rheinbrücke/Bahnhof

Anforderungen: ca. 24 km, ca 30 Höhenmeter

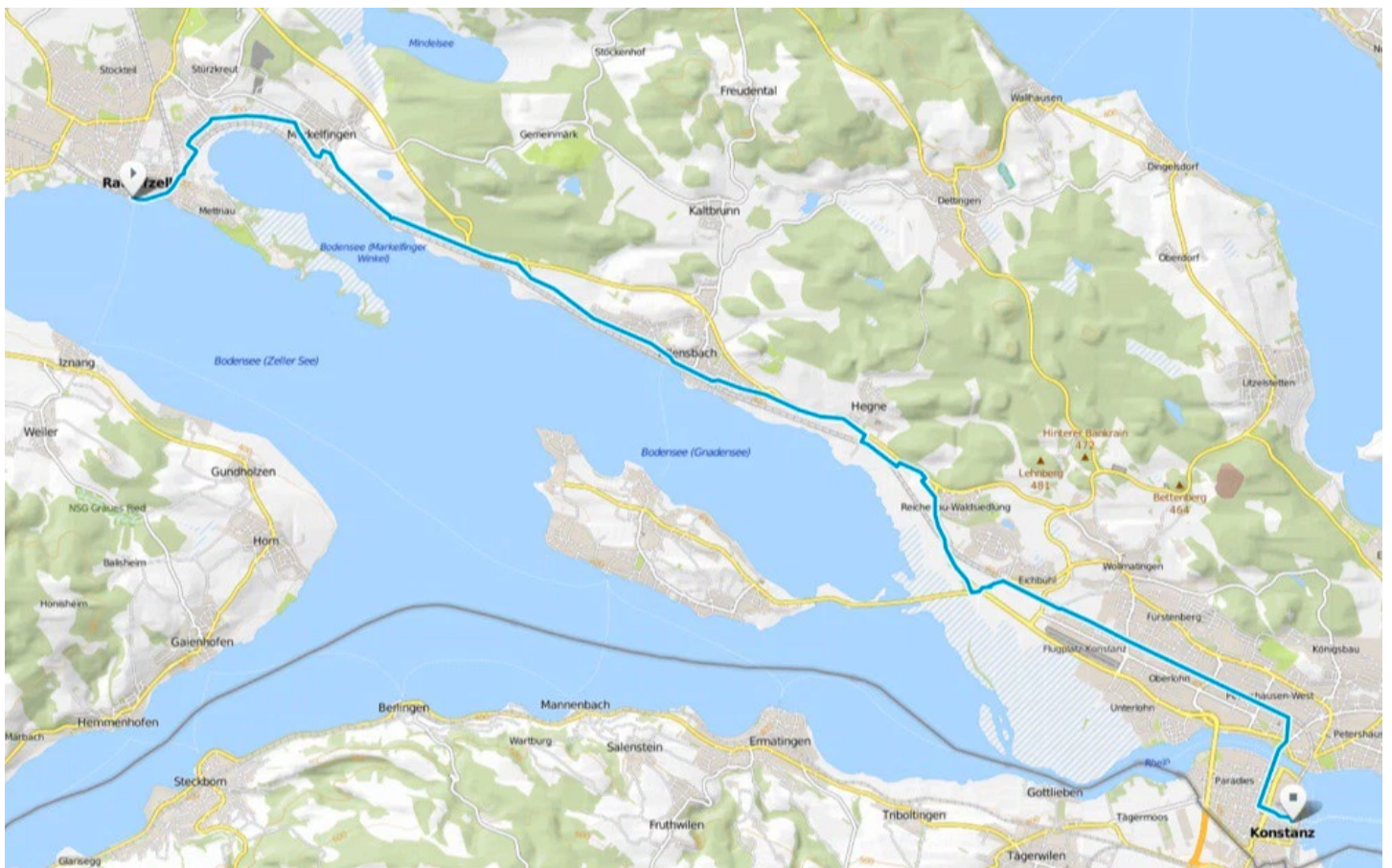
Verlauf: Radolfzell – Markelfingen – Allensbach- Reichenau (Abzweig Inseldamm) – Konstanz

Höhendiagramm:

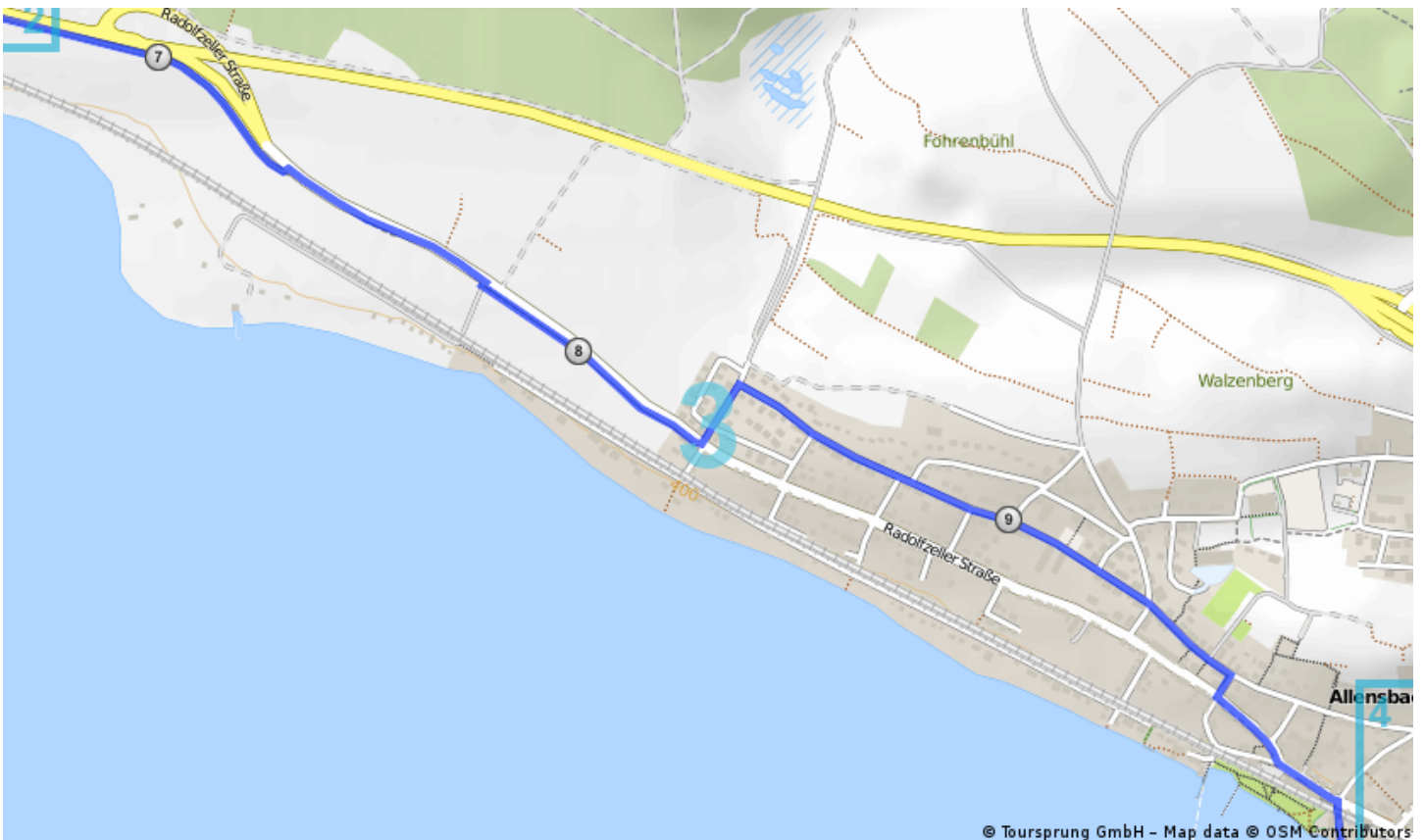


Beschreibung:

Ab Radolfzell über Allensbach bis nach Konstanz. Eine 13 km lange Extra-Runde über die Insel Reichenau bietet sich an. Ohne diese nur 21 km. Die gesamte Strecke ist ohne nennenswerte Steigungen.







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